Smarter "fast food."

Get 20 g of plant-based protein without the soy plus fruits, vegetables and botanicals - all in one convenient, delicious shake. Order up!

- Packed with 20 g of organic pumpkin, pea and rice protein for a complete source of protein
- Contains organic fruits and veggies plus organic adaptogenic mushrooms
- Features PreticX*, an organic, vegetarian, non-GMO prebiotic, which supports digestive health*
- Includes organic matcha powder from Japan
- Contains omega-3 fatty acids from flax seeds that help support cardiovascular, digestive and joint health*

PreticX™ is a trademark of AIDP.

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diaznose, treat, cure, or prevent any disease.



KEEP OUT OF REACH OF CHILDREN. Store in a cool, dry place.

Store in a cool, ary place.
For More Information:
1-888-462-2548
GNC.com
Distributed by:
General Nutrition Corporation
Pittsburgh, PA 15222 USA

Certified Organic by Oregon Tilth, Corvallis, OR.





OrganIQ Eats™

Organic, plant-based protein infused with fruits, vegetables and botanicals









no artificial sweeteners

Chocolate Hazelnut

NATURAL FLAVOR

NET WT 28.98 OZ (1.87 G) 850 G | 20 SERVINGS | DIETARY SUPPLEMENT

CODE 364337

DIRECTIONS: As a dietary supplement, add 1 scoop to 8 fl. oz. of cold water and mix thoroughly

Serving Size 1 Scoop (42.5 g) Servings Per Container 20 % Daily Value **Amount Per Serving** Calories 170 Total Fat 3 q Saturated Fat 0.5 a Total Carbohydrate 5%t 15 a Dietary Fiber 4 a 14%† Total Sugars 3 a Includes 2 a Added Sugars Protein 20 a Vitamin A (as Vitamin A Palmitate) 225 mcg RAE 25% Vitamin C (as Ascorbic Acid) 22.5 mg 25% Vitamin D (as Cholecalciferol D-3) 5 mcg (200 IU) Vitamin F (as d-alpha Tocopheryl Acetate) Vitamin K (as Phytonadione) 30 mca Thiamin (as Thiamin Hydrochloride) 25% 0.3 ma 0.325 mg 25% Niacin (as Niacinamide) 25% 4 ma Vitamin B-6 0.425 ma (as Pyridoxine Hydrochloride) Folate (Folic Acid) 100 mca DFE (60 mcg Folic Acid) Vitamin B-12 (as Cyanocobalamin) 0.6 mca Biotin 7.5 mca Pantothenic Acid 1.25 mg (as Calcium D-Pantothenate)

Calcium (as Calcium Carbonate)

Supplement Facts

Amount Per Serving	% Daily	Valu
Iron (as Ferrous Sulfate)	4.5 mg	25
Phosphorus	350 mg	28
lodine (as Potassium Iodide)	37.5 mcg	25
Magnesium	105 mg	25
Zinc (as Zinc Oxide)	2.75 mg	25
Copper (as Copper Gluconate)	0.225 mg	25
Manganese (as Manganese Sulfate)	0.575 mg	25
Molybdenum (as Sodium Molybdate)	11.25 mcg	25
Sodium	250 mg	11
Potassium	300 mg	6

Organic Fruit & Vegetable Blend

(as Apple [Malus domestica][fruit], Kale [Brassica oleracea acephala][leaf and stalk], Broccoli [Brassica oleracea Botrytis cymosa][floret and stalk], Spinach [Spinacia oleracea][leaf and stalk], Carrot [Daucus carata][root], Parsley [Carum petroselinum][leaf and stalk], Beet [Beta vulgaris] [root], Green Cabbage [Brassica oleracea L. var. Capitata][leaf], Blueberry [Vaccinium spp.][fruit], Raspberry [Rubus idaeus][fruit], Strawberry [Fragaria

spp.][11 uit], Tolliato [Lycopersiculii escul	entumjinuitji	
Digestive Support Blend	1 g	*
Prebiotic Xylooligosaccharides (as Organ	ic PreticX™)	
Organic Botanical Blend	600 mg	*
Matcha Powder (Camellia sinensis)(leaf)	500 mg	*
Cordyceps Mushroom	100 mg	*
(Cordyceps militaris)		
Omega-3 Fatty Acids	250 mg	*
(as Organic Milled Golden Flaxseed [Linu	m usitatissimur	n])
t Darcont Daily Values are based on a 2.00	O calaria diat	_

† Percent Daily Values are based on a 2,000 calorie diet.

* Daily value not established.

OTHER INGREDIENTS: OrganIO Plant-Based Protein Blend (Organic Pumpkin Seed Protein [Cucurbita spp.], Organic Pea Protein [Pisum sativum] and Organic Rice Protein [Oryza sativa]), Natural Flavors (Organic Natural Chocolate Flavor, Other Natural Flavors and Natural Organic Caramel Flavor), Organic Cane Sugar, Organic Cocoa Powder (Processed with Alkali), Organic Arabic Gum, Sea Salt, Organic Stevia Extract, Organic Guar Gum.

WARNING: Consult your physician prior to using this product if you are pregnant, nursing, taking medication, or have a medical condition. Discontinue use two weeks prior to surgery.

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately.

No Artificial Sweeteners, No Artificial Colors, No Artificial Flavors, Gluten Free, No Soy.

130 mg

NOTICE: Use as a food supplement only. Do not use for weight reduction. Significant product settling may occur.