

Supplement Facts

Serving Size 2 tablets

Servings Per Container 200

Amount Per Serving	% DV
Calcium 500 mg	50%
Magnesium 250 mg	60%
Iron 18 mg	100%
Zinc 15 mg	100%
Manganese 4 mg	200%
Copper 2 mg	100%
Potassium 45 mg	2%
Iodine 224 mcg	180%

INGREDIENTS: Calcium carbonate, calcium phosphate, magnesium oxide, potassium gluconate, calcium chelate*, magnesium gluconate, calcium chelate*, magnesium chelate*, ferrous fumarate, cellulose (bind), croscarmellose sodium (modified cellulose), vegetable stearic acid (disintegrant), vegetable stearic acid (lubricant), zinc citrate, manganese chelate*, potassium complex, vegetable magnesium stearate (lubricant), copper chelate*, silicon dioxide (moisture control), iron chelate*, zinc chelate*, potassium iodide.

FULLY BONDED, TRUE AMINO ACID CHELATE

MEGA Minerals

standard

with amino acid chelates

Minerals trigger many of the body's biological processes. They are needed to build bones and form hormones. Some are vital for energy production and normal nerve and muscle functions.*

DIETARY SUPPLEMENT
400 TABLETS

30
MINUTES

** These tablets will disintegrate in the digestive tract within 30 minutes after swallowing.

DIRECTIONS: Take 1 tablet daily, or as directed by your health care professional. Store container tightly closed in a cool, dry place. Pregnant or nursing women, or anyone taking medication or who has a medical condition, should consult a health-care professional before using this or any other dietary supplement.

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of the reach of children. In case of accidental overdose, call a doctor or poison control center immediately.

QUALITY GUARANTEE: Certified potency and purity. Satisfaction guaranteed.

ALLERGEN STATEMENT: Does not contain any of the major food allergens: milk, egg, fish, crustacean shell fish, tree nuts, wheat, peanuts, soy (see www.fda.gov).

* THESE STATEMENTS HAVE NOT BEEN APPROVED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE OR PREVENT ANY DISEASE.

DIST. BY: Standard Nutrition Dist. Co.

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Made in the USA

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www.mnusa.com

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