

Healthy Testosterone

Achieve your daily nutritional goals with customized ingredients plus a multivitamin with more than 30 clinically studied ingredients.

Men's Health

Contains a clinically studied multivitamin blend^ proven more effective than a standard multivitamin. Helps to support heart and colon health, and your immune system. It's also packed with antioxidants to fight cell aging."

Testosterone Support & Sexual Health

Features clinically studied Testofen® to support healthy testosterone levels and to improve sexual health.

Prostate Health

Supports normal prostate function and healthy urinary flow with saw palmetto and lycopene.*

Circulatory Support

Features resVida®, which is clinically shown to significantly enhance blood vessel dilation.

* These statements have not been evaluated by the Food and Drug Administration.

This product is not intended to diagnose, treat, cure, or prevent any disease.

Dietary Supplement

VITAPAK® PROGRAM WITH CLINICALLY STUDIED MULTIVITAMIN BLEND

- Clinically studied support for healthy testosterone levels & improved sexual health*
- Supports healthy prostate & urinary function plus enhanced circulatory support*



30 PACKS **30-DAY SUPPLY**



CODE 215412 **DIRECTIONS:** As a dietary supplement, take the contents of one pack daily with food.

Mega Men® Multivitamin

Supplement Facts

Amount Per Serving

min A (50% as beta-Carotene & 50% Retinyl Acetate)	1500 mcg	167%	Mackerel, Sard
min C (as Ascorbic Acid & Calcium Ascorbate)	300 mg	333%	Cod or a Combi
min D (as Cholecalciferol D-3)	40 mcg	200%	
min E (as Natural d-alpha Tocopheryl Acetate)	20.1 mg	134%	
min K (as Phytonadione)	80 mcg	67%	Healthy Horn
amin (Vitamin B-1)(as Thiamin Mononitrate)	50 mg	4167%	
oflavin (Vitamin B-2)	50 mg	3846%	Sup
cin (as Niacinamide & Niacin)	50 mg	313%	
min B-6 (as Pyridoxine Hydrochloride)	50 mg	2941%	Serving Size Two
ate	680 mcg DFE	170%	Amount Per Ser
	(Folic Acid 400 mcg)		
min B-12 (as Cyanocobalamin)	50 mcg	2083%	Testofen® Fenugr
tin	300 mcg	1000%	Tribulus terrestris
tothenic Acid (as Calcium d-Pantothenate)	50 mg	1000%	Tongkat Ali Root
lline (as Choline Bitartrate)	10 mg	2%	Diindolylmethane
cium (as Calcium Carbonate, Calcium d-Pantothenate	200 mg	15%	Indole-3-Carbinol
Calcium Ascorbate)			* Daily Value not
ne (as Potassium Iodide)	150 mcg	100%	
gnesium (as Magnesium Oxide)	100 mg	24%	OTHER INGRED
c (as Zinc Oxide)	25 mg	227%	Source, Silica, F
enium (as L-Selenomethionine)	200 mcg	364%	Conforms to US Meets USP <20
per (as Copper Sulfate)	2 mg	222%	
nganese (as Manganese Sulfate)	2 mg	87%	WARNING: This
omium (as Chromium Chloride)	120 mcg	343%	use by those wi or pregnant or la
ybdenum (as Sodium Molybdate)	75 mcg	167%	Consult your ph
oer Antioxidant Blend	28.96 mg	*	
pha-Lipoic Acid	25 mg		Circulatory F

% Daily Value

CurcuWIN® Turmeric Boot Extract (Curcuma longa) (20% Curcuminoids = 100 mcg) 7eavanthin (as 7eavanthin Isomers) 400 mca Astaxanthin (from Haematococcus pluvialis) 50 mca beta-Cryptoxanthin Fruit & Vegetable Blend

Orange Peel Powder, Spinach Leaf Powder, Elderberry Fruit Powder, Acai Fruit Powder, Blueberry Pomace Powder, Cranberry Fruit Powder, Pomegranate Fruit Powder, Broccoli Powder, Tomato Powder, Grape Skin Powder, Carrot Powder, Papava Fruit Powder, Pineapple Fruit Powder, Cauliflower Powder, Kale Leaf Powder, Apple Fruit Powder, Kiwi Fruit Powder, Dumnkin Sood Dourder (Cucurhita nano), Saw Palmette Berrice Extract (Caranga ranano)

unipkin seeu ruwuei (c <i>ucurulla pepu</i>), saw rainlettu beines c <i>i</i>	.tract (serenua repens).	
nino Acid Blend	100 mg	*
-Arginine	50 mg	*
-Glutamine	50 mg	*
ain Health Blend	17.01 mg	*
nositol	10 mg	*
Silica (as Silicon Dioxide)	4 mg	*
Boron (as Sodium Borate)	2 mg	*
Grape Seed Extract (Vitis vinifera)(86% Polyphenols = 0.86 mg)	1 mg	*
'anadium (as Sodium Metavanadate)	10 mcg	*
aily Value not established.		

Methylcellulose, Dicalcium Phosphate, Stearic Acid Vegetable Source. vdroxypropylcellulose. Magnesium Stearate Vegetable Source, Natural Vanilla Mint Flavor, Stevia Leaf Extract, Titanium Dioxide (Mineral Whitener), Caramel Color,

Sovbeans and Fish (Anchovy



pplement Facts

Amount Per Serving	
Testofen® Fenugreek Seed Extract (Trigonella foenum-graecum)	600 mg*
Tribulus terrestris Fruit Extract	98 mg*
Tongkat Ali Root Extract (Eurycoma longifolia)	10 mg*
Diindolylmethane	1 mg*
Indole-3-Carbinol	1 mg*
* Daily Value not established.	

IENTS: Gelatin, Microcrystalline Cellulose, Stearic Acid Vegetable

product is not intended for a serious medical conditio



Supplement Facts

mount Per Serving	
esVida® trans-Resveratrol	30 mg*
ycopene	1 mg*

OTHER INGREDIENTS: Microcrystalline Cellulose, Gelatin, Stearic Acid Venetable Source, Hydroxypropylcellulose, Silica, FD&C Blue #1, FD&C Yellow #5, Titanium

nforms to USP <2091> for weight Meets USP <2040> disintegration

Supplement Facts Supplement Facts

Serving Size One Brown Filled Cansule

Amount Per Serving	
Proprietary Blend: L-Arginine, Epimedium Extract	100 mg*
(Whole Plant)(Epimedium spp.), Maca Root Powder (Lepidium meyenii)	
Kola Nut Powder (Cola nitida)	87.5 mg*
Oat Straw Stems Powder (Avena sativa)	75 mg*
GABA (gamma-Aminobutyric Acid)	50 mg*
Nettle Leaf Powder (Urtica dioica)	50 mg*
Yohimbe Bark Extract (Pausinystalia yohimbe)	30 mg*
Horny Goat Weed Powder (Aerial Parts)(Epimedium sagittatum)	10 mg*
Muira Puama Root Powder (Ptychopetalum olacoides)	5 mg*
Damiana Leaf Powder (Turnera aphrodisiaca)	5 mg*
Saw Palmetto Berries Powder (Serenoa repens)	5 mg*

OTHER INGREDIENTS: Gelatin, Dicalcium Phosphate, Stearic Acid Vegetable Source, Magnesium Stearate Vegetable Source, Silica. CONTAINS: Wheat.

WARNING: Use only as directed. Do no exceed recommended daily intake

* Daily Value not established



Prostate Health

Serving Size Two Brown Tablets

Amount Per Serving		% Daily Value
amount Per Serving		% Daily Value
Calcium	48 mg	4%
linc (as Zinc Oxide)	7.5 mg	68%
Gelenium (as Sodium Selenate)	35 mcg	64%
Saw Palmetto Berries Powder (Serenoa repens)	500 mg	*
umpkin Seed Meal Powder (Curcubita pepo)	80 mg	*
ycopene	1 mg	*
Daily Value not established.		

Magnesium Stearate Vegetable Source.



▲ WARNING: Cancer and Reproductive Harm - www.P65Warnings.ca.gov. Consult your physician prior to using this product if you are pregnant, pursing

CAUTION: Niacin may cause flushing, itching and skin reddening. The effects are temporary and will gradually disappear

No Artificial Flavors, No Dain

KEEP OUT OF REACH OF CHILDREN Store in a cool, dry place.

For More Information: 1-888-462-2548

SHOP NOW @ GNC.COM

Distributed by: General Nutrition Corporation Pittsburgh, PA 15222 USA

CurcuWIN® trademark belongs to Lutemax® 2020 is a trademark of

"In a randomized, double-blind, placebo-controlled study of 112 healthy volunteers, subjects taking the GNC vitamin and mineral blends for six weeks experienced

• In a randomized, double-blind, placebo-controlled crossover study, 19 volunteers consumed 3 doses of resVida® (30 mg, 90 mg, 270 mg) and a placebo at weekly intervals. Flow-mediated dilation (FMD) of the brachial artery was measured one hour after ingestion of each treatment and was significantly increased at all 3 doses relative to placebo, 30 mg of resVida® demonstrated 2.5% greater increase in FMD relative to placebo

Since 1935, our mission as the industry leader has been to provide you with the highest-quality nutritional supplements. We continue to stand behind this mission. you're not 100% satisfied with your purchase, return the unused portion of the product with your receipt within 30 days and we'll either refund your money or find a replacement product that is right for you.