NUTRIGOLD®

MADE WITH ORGANIC FOODS

Women's 55+ Multi Gold

PLANT-BASED WHOLE FOOD + ASTAXANTHIN

90 VEGAN CAPSULES · DIETARY SUPPLEMENT

VEGAN · NON GMO Project VERIFIED nongmoproject.org · CERTIFIED CLEAN · KOSHER

SUPPLEMENT FACTS

Serving Size: 3 capsules   Servings Per Container: 30

	Amount Per Serving	%DV
Vitamin A (100% as beta-carotene) (from organic *D. salina* microalgae)	225 mcg RAE	25%
Vitamin C (from organic whole-food blend)	90 mg	100%
Vitamin D (as D3 from lichen)	20 mcg (800 IU)	100%
Vitamin E (from organic whole-food blend)	15 mg (22 IU)	100%
Vitamin K (100% as K2 (MK-7) from natto)	120 mcg	100%
Thiamin (from organic whole-food blend)	5 mg	420%
Riboflavin (from organic whole-food blend)	6 mg	460%
Niacin (from organic whole-food blend)	8 mg	50%
Vitamin B6 (from organic whole-food blend)	13 mg	760%
Folate (from organic whole-food blend)	400 mcg DFE	100%
Vitamin B-12 (as methyl B-12 & adenosyl B-12)	24 mcg	1000%
Biotin (from organic whole-food blend)	75 mcg	250%
Pantothenic Acid (from organic whole-food blend)	13 mg	260%
Calcium (from organic *Algas calcareas* algae)	68 mg	6%
Iodine (from organic kelp [whole thallus])	135 mcg	90%
Magnesium (from organic whole-food blend)	11 mg	4%
Zinc (from organic whole-food blend)	2 mg	20%
Selenium (from organic whole-food blend)	55 mcg	100%
Manganese (from organic whole-food blend)	1 mg	45%
Chromium (from organic whole-food blend)	35 mcg	100%
Organic Whole-Food Blend (organic amla [fruit], organic *Sesbania* [leaf], organic guava [fruit], organic apple [fruit], organic kale [leaf], organic broccoli [floret], organic spinanch [leaf], organic carrot [root], organic parsley [leaf], organic beet [root], organic green cabbage [leaf], organic blueberry [fruit], organic raspberry [fruit], organic strawberry [fruit] organic tomato [fruit], organic lemon [peel], organic holy basil [aerial], organic mustard [seed], organic annatto [seed], organic *Moringa* [leaf])	820 mg	†
Astaxanthin (from organic *Haematococcus pluvialis*)	4 mg‡	†

†Daily Value not established.

Other Ingredients: Vegan capsule (pullulan) and organic rice concentrate

SUGGESTED USE: As a dietary supplement, adults take three (3) capsules daily, or as directed by a healthcare professional.

Caution: Please consult a healthcare professional before taking this supplement if you are pregnant, breastfeeding, or taking any medications. Store in original container away from moisture and direct sunlight. Keep out of reach of children.

‡From 100 mg of organic whole microalgae at time of manufacturing

8 11762 02147 5

SKU # 2147

Formulated & Distributed By
NutriGold Inc., Orem, UT 84057 USA
(800) 476-3542 · www.nutrigold.com