

Suggested Use: For adults 18 years of age and over, take 1 capsule once a day at bedtime with a full glass of water. Take more if needed, in accordance with your own research and advice from a healthcare professional. Consult a physician before giving to children.

Note: Laxatives should not be taken for more than 1 week. Frequent or prolonged use may cause dependency.

Self Health Resource Center®

(866) DR-CLARK (372-5275)

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Our products don't contain flow agents like Magnesium Stearate. Not now, not ever.



Sku: 10664-100
MFG Date: 09/15
Lot#: 50907



DR. CLARK STORE®

LEADER IN PURITY

Established by Dr. Clark's Family in 1993



Cascara Sagrada

Herbal Laxative®

Dietary Supplement

425 mg | 100 Capsules

Supplement Facts

Serving Size: 1 Capsule

Servings Per Container: 100

Amount Per Serving	% Daily Value	
Cascara Sagrada Bark (Rhamnus purshiana)	425 mg	†

† Daily Value not established.

Other Ingredients: Gelatin Capsules.

Store at room temperature.

Keep away from children.

Warning: Do not use if you have abdominal pain or diarrhea. If you are pregnant, nursing or taking any medications, consult your doctor before use. Discontinue use if you get diarrhea or watery stools. If any adverse reactions occur, immediately stop using this product and consult your doctor. If seal under cap is damaged or missing, do not use.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease. Company does not adopt any Dr. Clark claims.