

Non-GMO verified, full-spectrum B-12 with synergistic organic sprouted whole-food blend.

 **Health Benefits:** Supports cellular energy production, cognitive health, and overall emotional wellness.*

 **Verified free of corn, egg, gluten, milk, peanut, shellfish, and soy allergens by an independent lab.**

 **No magnesium stearate, stearic acid, dioxides, sulfates, artificial ingredients, or preservatives.**

Caution: Please consult a healthcare professional before taking this supplement if you are pregnant, breastfeeding, taking any medication, or planning a medical procedure. Store in original container away from moisture and direct sunlight. Keep out of reach of children.

Formulated & Manufactured By | NutriGold Inc., Drans, UT 84067, USA
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HIGHLY BIOACTIVE COMPLEX

Methyl + Adenosyl B-12 Gold™

1,800 mcg • 60 vegan capsules

VITAMIN SUPPLEMENT



Suggested Use: As a dietary supplement, adults take one (1) capsule daily, or as directed by a healthcare professional.

SUPPLEMENT FACTS

Serving Size: 1 capsule Servings Per Container: 60

	Amount Per Serving	%DV
Vitamin B-12 (as methyl B-12 & adenosyl B-12)	1,800 mcg	75,000%

Organic Sprouted Whole-Food Blend 450 mg 1
(organic amaranth (sprout), organic quinoa (sprout),
organic millet (sprout), organic buckwheat (sprout),
organic garbanzo (sprout), organic lentil (sprout),
organic adzuki (sprout), organic flax (sprout),
organic sunflower (sprout), organic pumpkin
(sprout), organic chia (sprout), organic sesame
(sprout), organic broccoli (sprout))

Daily Value not established.

Other Ingredients: Vegan capsule (plant cellulose).

*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, cure, or prevent any disease.

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