

Supplement Facts

Serving Size 2 capsules
Servings Per Container 50

Amount Per Serving	% DV
Calcium 70 mg	5%
(from calcium phosphate)	
Magnesium 35 mg	10%
(from magnesium citrate)	

OTHER INGREDIENTS: Gelatin (Kosher and Halal certified), water.

CalMag

standard
VITAMINS

calcium and magnesium in a 2:1 ratio

Calcium and magnesium
help maintain normal
muscle and nerve function.
Both minerals are essential
for strong *bones* and a
healthy *cardio-vascular* system.*

DIETARY SUPPLEMENT
100 CAPSULES

10
CAPSULES

** These capsules will disintegrate in the digestive tract within 10 minutes after swallowing.

DIRECTIONS: Take 2 capsules daily, or as directed by your health care professional. Store container tightly closed in a cool, dry place. Keep out of children's reach. Pregnant or nursing women, or anyone taking medication or who has a medical condition, should consult a health-care professional before using this or any other dietary supplement.

QUALITY GUARANTEE: Certified potency and purity. Satisfaction guaranteed.

ALLERGEN STATEMENT: This product does not contain any of the major food allergens: milk, egg, fish, crustacean shell fish, tree nuts, wheat, peanuts and soybeans (see www.fda.gov). Gluten free.

* THESE STATEMENTS HAVE NOT BEEN APPROVED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE OR PREVENT ANY DISEASE.

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