

Supplement Facts

Serving Size 2 tsp (7 g)

Servings Per Container 20

Amount Per Serving		% Daily Value
Vitamin C	500 mg	833%
(as ascorbic acid & magnesium ascorbate)		
Calcium	400 mg	40%
(as calcium gluconate & calcium ascorbate)		
Magnesium	200 mg	50%
(as magnesium carbonate & magnesium ascorbate)		

OTHER INGREDIENTS: Citric acid, unsweetened lemon juice powder.

DIRECTIONS: This product is as easy to prepare as making a cup of tea. (1) Shake can before each use. (2) Put two teaspoons of the powder in a cup and fill 1/2 with boiling water. (3) CalMac will begin to fizz. (4) Stir until the liquid is clear. (5) Fill the rest of the cup with fruit juice, cold water, or add an herbal tea bag. Keep container tightly closed in a cool, dry place, out of children's reach. **SUGGESTED USE:** 1-2 servings per day.

This product is sold by weight, not by volume. Some settling of its contents may have occurred during shipment and handling.



NUTRINA Dietary Supplement

INSTANT
**CAL
MAC**

**A FAST-ABSORBING CALCIUM AND
MAGNESIUM BEVERAGE POWDER
WITH A 2:1 MINERAL RATIO**

*Lemon formula
with
Vitamin C*



NET WEIGHT: 5 OZ (142 GR)

CALMAC™ LEMON is an instant mineral beverage powder with a 2:1 ratio of calcium and magnesium. It is especially suitable for children, whose bones grow, or for anyone who has high calcium requirements. **CALMAC™ LEMON** is a unique product because the body can assimilate its minerals without digestion. Because of its slightly acid natural formulation, the calcium and magnesium powders dissolve into ions which move swiftly into the system as usable minerals.

Try **CALMAC™ LEMON** to relax after a stressful or hard day of work, or before and after exercise. It makes a great ready-for-bedtime drink when you add some juice from oranges or apples, or a bag of your favorite herbal tea. **CALMAC™ LEMON** is ideal to remineralize bone, or whenever calcium or magnesium are called for.

CALMAC™ LEMON works by releasing mineral ions that cross the stomach wall rapidly by diffusion. **CALMAC™ LEMON** does not form insoluble deposits of calcium in the stomach. The powder contains no instantizers, preservatives, artificial flavors or color. It is a safe product for both children and adults.*

*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

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Distributed by: Standard Vitamins Distribution Co., Inc.
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