

Recommended Dosage: As a dietary supplement, take 1 tablet of No. 38 without iron with an 8 oz. glass of water or juice or as desired. For optimum results, use this product with other Wachters' supplements.

THIS PRODUCT WAS SEALED FOR YOUR PROTECTION.

DO NOT USE IF SEAL HAS BEEN TAMPERED WITH.

No. 38 High Potency Multi-Vitamin with Minerals is an excellent "1" a day formulation consisting of B Complex Vitamins, Vitamin C Complex, plus Vitamins A, D and E at nutritional levels that may aid in relief of stress and frustration. The B Vitamins in this formula help to maintain the health of the skin, eyes, liver, hair as well as healthy muscle tone in the G.I. Tract. All B vitamins are necessary for proper functioning of the nervous system. Vitamin C and its related constituents can be important to adrenal gland function and stress can deplete adrenal gland hormones. Beta Carotene and Natural Vitamin E work well together as antioxidants to counter damaging free radicals caused by stress. *

*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

This, like all of our products, contains the Wachters' Exclusive Blend of Sea Vegetation®, a unique combination of organic compounds comprising up to 15 different species of the highest quality sea vegetation from around the world, which serves as a synergistic activator of the other ingredients in this product, thereby enhancing their effectiveness.

"Wachters' Exclusive Blend of Sea Vegetation™" is a registered trademark of Wachters' Organic Sea Products and is an exclusive combination of multi-marine plant sources.

Wachters' Organic Sea Products dietary supplements contain no preservatives, yeast, artificial colorings, artificial flavorings, sugar, starch or animal products. No heat, moisture or chemicals are used in preparation of No. 38 without iron.

Manufactured By Wachters' Organic Sea Products
550 Sylvan Street, Daly City, CA 94014 • 1-800-682-7100
To report a serious adverse event or obtain product
information, call 1-800-682-7100 • www.wachters.com

Made in U.S.A
Code # 5251

WACHTERS'



No. 38 Iron Free High Potency Multi-Vitamin with Minerals Dietary Supplement 30 TABLETS

Supplement Facts

Serving Size: 1 Tablet

Servings Per Container: 30

	Amount Per Serving	% Daily Value
Vitamin A (as beta carotene)	5000 IU	100%
Vitamin C (as ascorbic acid, acerola, rose hips)	150 mg	250%
Vitamin D (as cholecalciferol)	400 IU	100%
Vitamin E (as d-alpha tocopheryl succinate, mixed tocopherols)	50 IU	166%
Thiamin (as mononitrate)	50 mg	3300%
Riboflavin	50 mg	2940%
Niacin (as niacin, niacinamide)	55 mg	275%
Vitamin B6 (as pyridoxine hydrochloride)	50 mg	2500%
Folate (as folic acid)	400 mcg	100%
Vitamin B12 (as cyanocobalamin)	50 mcg	830%
Biotin	300 mcg	100%
Pantothenic Acid (as d-calcium pantothenate)	50 mg	500%
Calcium (as carbonate, amino acid chelate)	60 mg	6%
Magnesium (as oxide, amino acid chelate)	30 mg	7.5%
Zinc (as gluconate)	3.75 mg	25%
Selenium (as amino acid chelate)	50 mcg	71%
Copper (as gluconate)	500 mcg	25%
Manganese (as gluconate)	1.5 mg	75%
Chromium (as chromium complex TM) ++	50 mcg	42%
Potassium (as chloride, amino acid chelate)	8.5 mg	0%
Para-Aminobenzoic Acid	25 mg	*
Choline Bitartrate	25 mg	*
Inositol	25 mg	*
Proprietary Blend consisting of: Wachters' Exclusive Blend of Sea Vegetation® Deoxyribonucleic Acid, Ribonucleic Acid, Chlorophyll, Papain, Lecithin, Bromelain, Hesperidin Complex, Lemon Bioflavonoids, Rutin	200 mg	*

* Daily Value not established

+ Ferronyl® is a registered trademark of ISP Corporation

++ Chromium Complex TM is a proprietary blend of chromium (as nicotinate, picolinate*, amino acid chelate, aspartate, polynicotinate)

* Chromium Picolinate U.S. Patent No. Re: 33,988, by Nutrition 21