

Supplement Facts

Serving Size 1 tablet

Servings Per Container 500

Amount Per Serving	% DV
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Vitamin A 10,000 IU	200%
(as palmitate)	

Vitamin D3 400 IU	100%
(as cholecalciferol)	

OTHER INGREDIENTS: Calcium phosphate, cellulose, vegetable stearic acid, sodium croscarmellose (modified cellulose), PEG, silicon dioxide, vegetable magnesium stearate.

Vitamin A&D

standard
VITAMINS

10,000/400 IU per tablet

Vitamin A is essential for vision, normal growth and immune function. Vitamin D aids in the absorption of calcium to form and to maintain strong bones and protect from osteoporosis.*

DIETARY SUPPLEMENT
500 TABLETS

15
MINUTES

** These tablets will disintegrate in the digestive tract within 15 minutes after swallowing.

DIRECTIONS: Take 1 tablet daily, or as directed by your health care professional. Store container tightly closed in a cool, dry place. Keep out of children's reach. Pregnant or nursing women, or anyone taking medication or who has a medical condition, should consult a health-care professional before using this or any other dietary supplement.

QUALITY GUARANTEE: Certified potency and purity. Satisfaction guaranteed.

ALLERGEN STATEMENT: This product does not contain any of the major food allergens: milk, egg, fish, crustacean shell fish, tree nuts, wheat, peanuts and soy (see www.fda.gov). Gluten free.

* THESE STATEMENTS HAVE NOT BEEN APPROVED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE OR PREVENT ANY DISEASE.

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