

Amount Per Serving

Organic Whole-Food Blend	1,321 mg
organic curry <i>Murraya koenigii</i> (leaf), organic acai (fruit), organic guava (fruit), organic Moringa (leaf), organic apple (fruit), organic kale (leaf), organic broccoli (flower), organic spinach (leaf), organic carrot (root), organic parsley (leaf), organic beet (root), organic pea cabbage (leaf), organic lemon (peel), organic blueberry (fruit), organic raspberry (fruit), organic strawberry (fruit), organic rose (fruit), organic Sesbania (leaf), organic annatto (leaf), organic mustard (seed), organic holy basil (leaf).	

Daily Value not established.

Other Ingredients: Vegan capsule (organic pullulan), organic rice extract.

SUGGESTED USE: As a dietary supplement, adults take three capsules daily, or as directed by a healthcare professional.

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately.

Caution: Please consult a healthcare professional before taking this supplement if you are pregnant, breastfeeding, or taking any other medicine. Store in original container away from moisture and direct light.



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Formulated & Distributed By
NutriGold Inc., c/o, 27405 39th
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NUTRIGOLD

ORGANIC & NON-GMO

Prenatal Multi Gold

PLANT-BASED WHOLE FOOD NUTRIENTS

90 VEGAN CAPSULES - DIETARY SUPPLEMENT



SUPPLEMENT FACTS

Serving Size: 3 capsules

Servings Per Container: 30

	Amount Per Serving	%DV
Vitamin A (100% as beta-carotene)	125 mcg RAE	25%
(from organic B. salina microalgae)		
Vitamin C (from organic whole-food blend)	120 mg	100%
Vitamin D (as D3 from lichen)	25 mcg (1000 IU)	50%
Vitamin E (from organic whole-food blend)	30 mg (45 IU)	60%
Vitamin K (100% as K2 (MK-7) from natto)	100 mcg	20%
Thiamin (from organic whole-food blend)	7 mg	500%
Riboflavin (from organic whole-food blend)	10 mg	500%
Niacin (from organic whole-food blend)	18 mg	100%
Vitamin B6 (from organic whole-food blend)	22 mg	1,000%
Folate (from organic whole-food blend)	600 mcg DFE	100%
Vitamin B-12 (as methyl B-12 & adenosyl B-12)	28 mcg	1,000%
Biotin (from organic whole-food blend)	88 mcg	220%
Pantoic Acid (from organic whole-food blend)	25 mg	50%
Iron (from organic whole-food blend)	20 mg	50%
Iodine (from organic kelp (whole thallus))	108 mcg	50%
Magnesium (from organic whole-food blend)	10 mg	2%
Zinc (from organic whole-food blend)	7 mg	50%
Selenium (from organic whole-food blend)	70 mcg	100%
Manganese (from organic whole-food blend)	1 mg	40%
Cranium (from organic whole-food blend)	40 mg	50%