

	Amount Per Serving	%DV
organic Whole-Food Blend.....	1,004 mg.....	
(organic Sorbento [leaf], organic guava [fruit], organic amla [fruit], organic apple [fruit], organic kale [leaf], organic broccoli [flower], organic spinach [leaf], organic carrot [root], organic parsley [leaf], organic beet [root], organic green cabbage [leaf], organic kelp [seaweed], organic blueberry [fruit], organic raspberry [fruit], organic strawberry [fruit], organic tomato [fruit], organic lemon [peel], organic annatto [seed], organic mustard [seed]).		

*Daily Value not established.

Other Ingredients: Vegan capsule (pullulan), organic rice bran wax.

SUGGESTED USE: As a dietary supplement, adults take three (3) capsules daily, or as directed by a healthcare professional.



Caution: Please consult a healthcare professional before using this supplement if you are pregnant, breastfeeding, or taking medications. Store in original container away from moisture, direct sunlight. Keep out of reach of children.



100% VEGAN

Formulated & Distributed by:
 NutriGold Inc. (U.S.A.) 100-4480101
 (800) 476-3642 www.nutrigold.com
 Certified organic by SCS Global Services



MADE WITH ORGANIC WHOLE FOODS

Men's Multi Gold

PLANT-BASED WHOLE FOOD NUTRIENTS

30 VEGAN CAPSULES • DIETARY SUPPLEMENT



SUPPLEMENT FACTS

Serving Size: 3 capsules

Servings Per Container: 30

	Amount Per Serving	%DV
Vitamin A (100% as beta-carotene).....	90 mcg RAE.....	100%
(from organic B. salina microalgae)		
Vitamin C (from organic whole-food blend).....	90 mg.....	100%
Vitamin D (as D3 from lichen).....	20 mcg (800 IU).....	100%
Vitamin E (from organic whole-food blend).....	22 mg (34 IU).....	100%
Vitamin K (100% as K2 (MK-7) from natto).....	120 mcg.....	100%
Thiamin (from organic whole-food blend).....	5 mg.....	100%
Riboflavin (from organic whole-food blend).....	10 mg.....	100%
Niacin (from organic whole-food blend).....	16 mg.....	100%
Vitamin B6 (from organic whole-food blend).....	22 mg.....	1,000%
Folate (from organic whole-food blend).....	400 mcg DFE.....	100%
Vitamin B-12 (as methyl B-12 & adenosyl B-12).....	24 mcg.....	1,000%
Biotin (from organic whole-food blend).....	60 mcg.....	100%
Pantoic Acid (from organic whole-food blend).....	25 mg.....	100%
Calcium (from organic Algae coelococcus algae).....	30 mg.....	2%
Iodine (from organic kelp [whole thallus]).....	100 mcg.....	50%
Magnesium (from organic whole-food blend).....	10 mg.....	2%
Iron (from organic whole-food blend).....	10 mg.....	50%
Selenium (from organic whole-food blend).....	60 mcg.....	100%
Manganese (from organic whole-food blend).....	1 mg.....	40%
Copper (from organic whole-food blend).....	70 mcg.....	100%