

	Amount Per Serving	%DV
Organic Whole-Food Blend.....	1,000 mg	100%
(organic Senecio (leaf), organic guava (fruit), organic amla (fruit), organic apple (fruit), organic kale (leaf), organic broccoli (stem), organic spinach (leaf), organic carrot (root), organic parsley (leaf), organic beet (root), organic green cabbage (leaf), organic leylai (aerial), organic blueberry (fruit), organic raspberry (fruit), organic strawberry (fruit), organic tomato (fruit), organic lemon (peel), organic annatto (seed), organic mustard (seed)).		
astaxanthin (from organic Haemophilus placidus).....	2 mg	2%

*Daily Value not established.

Other Ingredients: Vegan capsule (pullulan), organic rice coenzyme.
SUGGESTED USE: As a dietary supplement, adults take three capsules daily, or as directed by a healthcare professional.



Caution: Please consult a healthcare professional before using this supplement if you are pregnant, breastfeeding or taking medications. Store in original container away from moisture and direct sunlight. Keep out of reach of children.

Contains: From 50 mg of organic whole microalgae at time of manufacturing.



SKU # 2142

Formulated & Distributed By:
 NutriGold Inc., 6700 17th Ave. S.W.
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NUTRIGOLD

MADE WITH ORGANIC WHOLE FOODS

Men's 40+ Multi Gold

PLANT-BASED WHOLE FOOD + ASTAXANTHIN

90 VEGAN CAPSULES • DIETARY SUPPLEMENT

SUPPLEMENT FACTS		
Serving Size: 3 capsules		Servings Per Container: 30
	Amount Per Serving	%DV
Vitamin A (100% as beta-carotene).....	125 mcg RAE	25%
(from organic B. salina microalgae)		
Vitamin C (from organic whole-food blend).....	90 mg	100%
Vitamin D (as D3 from lichen).....	20 mcg (800 IU)	100%
Vitamin E (from organic whole-food blend).....	15 mg (22 IU)	100%
Vitamin K (100% as K2 (MK-7) from natto).....	120 mcg	100%
Thiamin (from organic whole-food blend).....	7.2 mg	600%
Riboflavin (from organic whole-food blend).....	10 mg	750%
Niacin (from organic whole-food blend).....	16 mg	100%
Vitamin B6 (from organic whole-food blend).....	22 mg	1,000%
Folate (from organic whole-food blend).....	400 mcg DFE	100%
Vitamin B-12 (as methyl B-12 & adenosyl B-12).....	24 mcg	1,000%
Biotin (from organic whole-food blend).....	60 mcg	100%
Pantoic Acid (from organic whole-food blend).....	25 mg	500%
Calcium (from organic Algae colorados algae).....	30 mg	2%
Iodine (from organic kelp [whole thallus]).....	130 mcg	50%
Magnesium (from organic whole-food blend).....	10 mg	2%
Coin (from organic whole-food blend).....	10 mg	50%
Selenium (from organic whole-food blend).....	60 mcg	100%
Manganese (from organic whole-food blend).....	1 mg	40%
Copper (from organic whole-food blend).....	70 mcg	100%