

Recommended Dosage: As a dietary supplement, take 3 or more tablets of No. 36 with a glass of water or juice. For optimum results, use this product with other Wachters' supplements.

THIS PRODUCT WAS SEALED FOR YOUR PROTECTION.
DO NOT USE IF SEAL HAS BEEN TAMPERED WITH.

Keep out of reach of children.

No. 36 is a tableted form of Essential Fatty Acids (EFAs) solely from plants and The Wachters' Exclusive Blend of Sea Vegetation. Essential fatty acids that are needed for health cannot be made by the body; they must be supplied through the diet. Every living cell of the body needs essential fatty acids for rebuilding and producing new cells. Scientists classify essential fatty acids into two basic categories, omega-3 fatty acids and omega-6 fatty acids. No. 36 provides a good ratio between **Omega-3 Fatty Acids**, **Omega-6 Fatty Acids** and **Omega-9 Fatty Acids** with a combination of Pumpkin, Flax and Chia seeds along with Evening Primrose and Lecithin. L-Glutamine and Chlorophyll may assist in maintaining the proper acid/alkaline balance in the body.

The Wachters' Exclusive Blend of Sea Vegetation is the key ingredient that makes this formula unique.*

Wachters' Organic Sea Products dietary supplements contain no preservatives, yeast, artificial coloring, artificial flavorings, starch or animal products. No heat, moisture or chemicals are used in preparation of No. 36.

*This statement has not been evaluated by the Food and Drug Administration.
This product is not intended to diagnose, treat, cure or prevent any disease.

WACHTERS'



No. 36

Land and Sea Omega's

Dietary Supplement
90 TABLETS

Supplement Facts

Serving Size: 3 Tablets

Servings Per Container: 30

	Amount Per Serving	% Daily Value
Proprietary Blend consisting of	2400 mg	
Pumpkin Seed (<i>Cucurbita maxima</i>)		
Flax Seed (<i>Linum usitatissimum</i>)		
Alfalfa Leaf (<i>Medicago sativa</i>)		
L-Glutamine		
Chia Seed (<i>Salvia hispanica</i>)		
Evening Primrose (<i>Oenothera biennis</i>)		
Lecithin		
Conjugated Linoleic Acid		
Wachters' Exclusive Blend of Sea Vegetation		
Chlorophyll		
*Daily Value not established		

*Wachters' Exclusive Blend of Sea Vegetation is a registered trademark of Wachters' Organic Sea Products and is an exclusive combination of multi-marine plant sources.

Manufactured By Wachters' Organic Sea Products
550 Sylvan Street, Daly City, CA 94014

To report a serious adverse event or obtain product information call 1-800-877-8282 or visit WWW.WACHTERS.COM
Made in U.S.A.
Code #5248