

Zeaxanthin is sourced from OPTISHARP™ brand, OPTISHARP™ is a trademark of DSM Nutritional Products, Inc.

Metafolin® is a registered trademark of Merck KGaA, Darmstadt, Germany.

STORE SEALED IN A COOL DRY AREA

Commitment to Quality Program
Sourced and manufactured to avoid:[†]
✓ Artificial Additives ✓ Allergens ✓ GMOs
✓ Environmental Contaminants ✓ Added Excipients
www.PureEncapsulations.com/QualityControl
[†]See Supplement Facts for specific product details

Recommendations: As a dietary supplement, take 3 capsules, 1–2 times daily, with meals.

Tamper Resistant: Use only if safety seal is intact.

Warning: Not to be taken by pregnant or lactating women. Vitamin K may be contraindicated with Coumadin (Warfarin). If you have any health condition or are taking any medication, particularly blood thinning medication, consult your health professional before use.

Keep out of the reach of children.



Men's Nutrients

Multivitamin/mineral complex
for men over 40

hypoallergenic
DIETARY SUPPLEMENT
180 CAPSULES

Supplement Facts

Serving size 3 capsules
Servings per container 60

	Amount Per Serving	% DV
Vitamin A (as beta carotene)	3,750 IU	75%
Vitamin C (as ascorbic acid)	125 mg	208%
Vitamin D (as cholecalciferol) (D ₃)	500 IU	125%
Vitamin E (as d-alpha tocopherol succinate)	50 IU	167%
Vitamin K (as vitamin K ₁)	50 mcg	63%
Thiamin (as thiamin HCl) (B ₁)	12.5 mg	833%
Riboflavin (as vitamin B ₂ and 28% riboflavin 5' phosphate (activated B ₂))	17.35 mg	1,021%
Niacin (as niacin and 67% niacinamide)	37.5 mg	188%
Vitamin B ₆ (as pyridoxine HCl and 40% pyridoxal 5' phosphate (activated B ₆))	10.4 mg	520%
Folate (as Metafolin®, L-5-MTHF)	400 mcg	100%
Vitamin B ₁₂ (as methylcobalamin)	250 mcg	4,167%
Biotin	400 mcg	133%
Pantothenic acid (as calcium pantothenate) (B ₅)	25 mg	250%
Calcium (as calcium citrate)	100 mg	10%

Other ingredients: vegetarian capsule (cellulose, water), ascorbyl palmitate

Iodine (as potassium iodide)	100 mcg	67%
Magnesium (as magnesium citrate)	100 mg	25%
Zinc (as zinc citrate)	7.5 mg	50%
Selenium (from selenium yeast)	100 mcg	143%
Manganese (as manganese citrate)	1 mg	50%
Chromium (as chromium polynicotinate)	100 mcg	83%
Potassium (as potassium citrate)	50 mg	1%
Boron (as boron glycinate)	1 mg	*
Vanadium (as bis-glycinato oxo vanadium)	50 mcg	*
Proprietary mixed carotenoid blend (as lutein, lycopene, zeaxanthin)	212 mcg	*
Choline bitartrate	50 mg	*
Inositol	62.5 mg	*
Alpha lipoic acid	37.5 mg	*
MacularSynergy Complex[‡]		
Lutein	3 mg	*
Zeaxanthin	500 mcg	*
ProstaProtect Plus[‡]		
Saw palmetto (<i>Serenoa repens</i>) extract (fruit) (standardized to contain 45% total fatty acids)	160 mg	*

As Selenomax® (high selenium yeast). Selenomax® is a registered trademark of Nutrition 21, Inc.

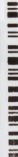
FloraGLO® lutein is a registered trademark of Kemin Industries, Inc.

Pygeum (<i>Pygeum africanum</i>) extract (bark) (standardized to contain 2.5% total sterols)	25 mg	*
Lycopene	500 mcg	*
Green tea (<i>Camellia sinensis</i>) leaf (standardized to contain 65% total tea catechins and 23% epigallocatechin gallate (EGCG))	25 mg	*
CardioPhenol Complete[‡]		
Red wine grape (<i>Vitis vinifera</i>) concentrate (whole fruit) (standardized to contain 25% total polyphenols)	50 mg	*
Grape (<i>Vitis vinifera</i>) extract (seed) (standardized to contain 92% polyphenols)	50 mg	*
Pomegranate (<i>Punica granatum</i>) extract (whole fruit) (standardized to contain 40% punicosides)	25 mg	*
EnduraBoost Blend[‡]		
Maca (<i>Lepidium meyenii</i>) extract (tuber)	100 mg	*
Astragalus (<i>Astragalus membranaceus</i>) extract (root)	50 mg	*

*Daily value (DV) not established

ChromeMate® brand niacin-bound chromium. ChromeMate® is a registered trademark of InterHealth, N.I.

[‡]This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



manufactured and formulated by:
Pure Encapsulations, Inc., Sudbury, MA, USA
1-800-753-2277 www.PureEncapsulations.com

code: MENN1



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