

BIOTICS RESEARCH CORPORATION



Optimal EFAs Caps™

Dietary Supplement
with Essential Fatty Acids

120 CAPSULES

RECOMMENDATION: Two (2) capsules two (2) times each day as a dietary supplement or as otherwise directed by a healthcare professional.

KEEP OUT OF REACH OF CHILDREN

Store in a cool, dry area.

Sealed with an imprinted safety seal for your protection.

NDC #55146-01407 Rev. 6/09

Supplement Facts

Serving Size: 2 Capsules Servings Per Container: 60

	Amount Per Serving	% Daily Value
Calories	20	
Calories from fat	20	
Total fat	2 g	3% †
Saturated fat	0 g	0% †
Cholesterol	5 mg	2%
Proprietary Blend	2 g	
Fish oil		•
Flax Seed oil		•
Borage oil		•

† Percent Daily Values based on a 2,000 calorie diet

*Daily Value not established

Other ingredients: Capsule shell (gelatin, glycerin, water and carob), mixed tocopherols, rosemary extract and ascorbyl palmitate.

Contains ingredients derived from Sardine, Anchovy or Tuna.

Each Serving of Optimal EFAs Caps® provides:

ALA (Alpha-Linolenic acid)	280 mg
EPA (Eicosapentaenoic acid)	159 mg
DHA (Docosahexaenoic acid)	105 mg
GLA (Gamma Linolenic acid)	112 mg
Oleic acid	204 mg



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Lot Number:
Exp. Date: