

STORE IN A COOL, DRY PLACE.

Recommendations: As a dietary supplement, take 1 capsule with each meal.

Warning: Not to be taken by pregnant or lactating women. Vitamin K may be contraindicated with Coumadin (Warfarin). If you have any health condition or are taking any medication, particularly blood thinning medication, consult your health professional before use.

Keep out of the reach of children.



Scan to learn about our hypoallergenic supplements

Use only if safety seal is intact.

Contents may not fill package in order to accommodate required labeling. Please rely on stated quantity.

Certified Gluten-Free by the Gluten-Free Certification Organization. www.gluten.org



GlutenAssure Multivitamin

Multivitamin/mineral complex for individuals avoiding gluten[†]

Gluten-free, Non-GMO & Hypoallergenic

Dietary Supplement

90 CAPSULES



Supplement Facts

Serving size	1 capsule		3 capsules	
Servings per container	90		30	
	Amount Per Serving	%DV	Amount Per Serving	%DV
Vitamin A	500 mcg	56%	1,500 mcg	167%
(as vitamin A acetate and as 20% beta carotene)				
Vitamin C (as ascorbic acid)	33 mg	37%	100 mg	111%
Vitamin D	6.3 mcg	42%	25 mcg	125%
(as cholecalciferol) (D ₃)	(253 IU)		(1,000 IU)	
Vitamin E	6.6 mg	45%	20 mg	134%
(as d-alpha tocopherol succinate)				
Vitamin K (as vitamin K ₁)	30 mcg	25%	90 mcg	75%
Thiamin (as thiamin HCl) (B ₁)	3.3 mg	275%	10 mg	833%
Riboflavin (as riboflavin and 50% riboflavin-5-phosphate (activated B ₂))	1.3 mg	100%	4 mg	328%
Niacin	6.6 mg	41%	20 mg	125%
(as niacin and 75% niacinamide)				
Vitamin B ₆	6.3 mg	488%	25 mg	1,471%
(as pyridoxine HCl and 50% pyridoxal-5-phosphate (activated B ₆))				
Folate (as Metafolin [®] , L5-MTHF)	333 mcg DFE	83%	1,000 mcg DFE	250%
(200 mcg L5-MTHF)	(600 mcg L5-MTHF)			
Vitamin B ₁₂	333 mcg	13,875%	1,000 mcg	41,667%
(as methylcobalamin and 50% adenosylcobalamin)				
Biotin	33 mcg	110%	100 mcg	333%

Other ingredients: vegetarian capsule (cellulose, water), hypoallergenic plant fiber (cellulose)

[†]This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Pantothenic acid (as calcium pantothenate) (B ₅)	3 mg	40%	6 mg	100%
Choline (as choline bitartrate)	10 mg	2%	30 mg	6%
Calcium (as d-calcium malate) (DimaCal [®])	50 mg	4%	150 mg	12%
Iodine (as potassium iodide)	50 mcg	33%	150 mcg	100%
Magnesium (as d-magnesium malate) (Albion [®])	50 mg	12%	150 mg	36%
Zinc (as zinc picolinate)	5 mg	45%	15 mg	135%
Selenium (as selenomethionine)	23 mcg	42%	70 mcg	127%
Copper (as copper bis-glycinate)	0.3 mg	33%	1 mg	111%
Manganese (as manganese citrate)	0.8 mg	35%	2.5 mg	109%
Chromium (as chromium picolinate)	33 mcg	94%	100 mcg	286%
Vitamin B ₉ (manganinone-7)	10 mcg	-	30 mcg	-
Inositol	10 mg	-	30 mg	-
*FloraGLO [®] lutein	666 mcg	-	2 mg	-
5-LOXIN [®] Boswellia serrata extract Indian frankincense (Boswellia serrata) extract (gum resin) (standardized to contain 30% 3-acetyl-11-keto-beta-boswellic acid (AKBA))	33 mg	-	100 mg	-
Tolerance [®] G	29,000 PPI	-	87,000 PPI	-
Prolyl Endopeptidase				

*Daily value (DV) not established

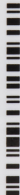
Tolerance[®] G is a trademark of DSM.

5-LOXIN[®] is a registered trademark of PL Thomas - Lalle Nutra, LLC and is used under license. International Patents Pending.

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