

STORE SEALED IN A COOL DRY AREA

Commitment to Quality Program

Sourced and manufactured to avoid:¹

- ✓ Artificial Additives ✓ Allergens ✓ GMOs
- ✓ Environmental Contaminants ✓ Added Excipients

www.PureEncapsulations.com/QualityControl

¹See Supplement Facts for specific product details

Recommendations: As a dietary supplement, take 1 capsule, 2 times daily, with meals.

Tamper Resistant: Use only if safety seal is intact.

Warning: If you are pregnant or lactating, have any health condition or are taking any medication, consult your health professional before use.

Keep out of the reach of children.

Metafolin® is a registered trademark of Merck KGaA, Darmstadt, Germany.

FloraGLO® Lutein is a registered trademark of Kemira Industries, Inc.



pure
encapsulations®

Multi t/d

two-per-day
multivitamin/mineral formula

hypoallergenic
DIETARY SUPPLEMENT
120 CAPSULES

Supplement Facts

Serving size 1 capsule

Servings per container 120

	Amount Per Serving	% DV
Vitamin A (as beta carotene)	2,250 IU	45%
Vitamin C (as ascorbic acid)	250 mg	417%
Vitamin D (as cholecalciferol)(D ₃)	500 IU	125%
Vitamin E (as d-alpha tocopherol succinate)	50 IU	167%
Thiamin (as thiamin HCl) (B ₁)	25 mg	1,667%
Riboflavin (as vitamin B ₂ and 28% riboflavin 5' phosphate (activated B ₂))	17.35 mg	1,021%
Niacin (as niacin and 67% niacinamide)	37.5 mg	188%
Vitamin B ₆ (as pyridoxine HCl and 40% pyridoxal 5' phosphate (activated B ₆))	10.4 mg	520%

Other ingredients: vegetarian capsule (cellulose, water), ascorbyl palmitate

Zeaxanthin is sourced from OPTISHARP™ brand. OPTISHARP™ is a trademark of DSM Nutritional Products, Inc.

Folate (as Metafolin®, L5-MTHF)	400 mcg	100%
Vitamin B ₁₂ (as methylcobalamin)	250 mcg	4,167%
Biotin	400 mcg	133%
Pantothenic acid (as calcium pantothenate) (B ₅)	25 mg	250%
Iodine (as potassium iodide)	100 mcg	67%
Zinc (as zinc picolinate)	7.5 mg	50%
Selenium (as selenomethionine)	50 mcg	71%
Chromium (as chromium polynicotinate)	100 mcg	83%
Proprietary mixed carotenoid blend (as lutein, lycopene, zeaxanthin)	212 mcg	*
Lutein	3 mg	*
Zeaxanthin	500 mcg	*

* Daily value (DV) not established

CHROMEMATE® ChromeMate® brand niacin-bound chromium. ChromeMate® is a registered trademark of InterHealth, N.I.

manufactured and formulated by:
Pure Encapsulations, Inc. Sudbury, MA USA
1-800-753-2277 www.PureEncapsulations.com

code: **MTD21**

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