

Suggested Use: Take 1 softgel a day with food and a glass of water.

What It Is: Evening Primrose Oil is cold-pressed from the seeds of the evening primrose plant. This oil is rich in Gamma-Linolenic Acid (Omega-6 Fatty Acids), which has excellent anti-inflammatory properties.*

Warning: Caution: Consult your healthcare provider before using this supplement especially if you are pregnant, nursing, taking medication, or have a medical condition.

Keep out of reach of children. Do not use if safety seal is missing or broken.

* These statements have not been evaluated by the Food & Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

ONCE-DAILY SOFTGEL

SmokyMountain**Nutrition**

Evening Primrose Oil^{1300mg}

10% GLA from Non-GMO Cold-Pressed Oil



120 SOFTGELS

DIETARY SUPPLEMENT

Supplement Facts

Serving Size: 1 Softgel

Servings Per Container: 120 Servings

Amount Per Serving	% Daily Value	
Calories	50	
Total Fat	1.3 g	2%*
Evening Primrose Oil	1300mg	**
Gamma Linolenic Acid (GLA)	130mg	**

* Percent Daily Values are based on a 2000 calorie diet

** Daily Value not established

Other Ingredients: Softgel Capsule (Kosher gelatin, kosher vegetable glycerin, purified water)

Not manufactured with wheat, gluten, milk, eggs, shellfish, or tree nut ingredients

Manufactured exclusively for:
Smoky Mountain Nutrition
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