

Suggested Use: 1 capsule daily with food or as directed by a healthcare professional.

What It Is: DIM is a dynamic phytonutrient commonly found in cruciferous vegetables. Concentrated forms of spinach, alfalfa, and kale are added to provide optimal support. Dong Quai provides advanced herbal support and BioPerine® allows for better absorption.**

Warning: CAUTION: Consult your healthcare provider before using this supplement especially if you are pregnant, nursing, intending to get pregnant, taking medication, or have a medical condition.

Keep out of the reach of children. Do not use if safety seal is missing or broken.

Manufactured exclusively for:
Smoky Mountain Nutrition
P.O. Box 101335 Nashville, TN 37224
SmokyMountainNutrition.com

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

ONCE-DAILY CAPSULE

SmokyMountain**Nutrition**

DIM COMPLEX 250mg + BioPERINE®



60 CAPSULES

DIETARY SUPPLEMENT

Supplement Facts

Serving Size: 1 Vegetable Capsule

Servings Per Container: 60

Amount Per Serving	%Daily Value	
Vitamin D-3 (cholecalciferol)	600 IU	150%
DIM (Diindolylmethane)	250 mg	**
Dong Quai Root Powder	25 mg	**
Organic Spinach Leaf Powder	25 mg	**
Organic Alfalfa Leaf Powder	25 mg	**
Organic Kale Leaf Powder	25 mg	**
BioPerine® (black pepper fruit extract)	3 mg	**
BroccoRaphanin™ (broccoli seed extract)	50 mg	**

**Daily Value not established.

Other ingredients: Organic Nu-FLOW® (silica concentrate from rice) and vegetable cellulose.

BioPerine® is a registered trademark of the Sabinsa Corporation.
BroccoRaphanin™ is a trademark of CS Health, LLC.
Nu-FLOW® is a registered trademark of RIBUS, Inc.

