

Suggested Use: Take one capsule per day. Take DIM with food and a full glass of water.

Supports: Healthy estrogen levels in men and women through estrogen metabolism.*

What It Is: DIM is a dynamic phytonutrient that's commonly found in cruciferous vegetables like broccoli, Brussels sprouts, and kale.* BioPerine® has been shown to enhance bioavailability of DIM through optimal absorption.*

Warning: CAUTION: Consult your healthcare provider before using this supplement especially if you are pregnant, nursing, taking medication, or have a medical condition.

Keep out of reach of children. Do not use if safety seal is missing or broken.

BioPerine® is the registered trademark of Sabinsa Corporation protected by the US and International Patents.

* These statements have not been evaluated by the Food & Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

ONCE-DAILY CAPSULE

Smoky Mountain *Nutrition*

DIM 200mg

+ BIOPERINE®

Estrogen Metabolism Support*



60 CAPSULES

DIETARY SUPPLEMENT

Supplement Facts

Serving Size: 1 Capsule

Servings Per Container: 60 servings

Amount Per Serving	% Daily Value
DIM (as Diindolylmethane)	200mg **
BioPerine®	2.5mg **
**Daily Value not established	

Other Ingredients: Vegetarian Capsule (Vegetable Cellulose and Water), Organic Nu-Flow® (Organic Brown Rice Concentrate)

Natural color variation may occur in this product. Store in a cool, dry place after opening.

Manufactured exclusively for:

Smoky Mountain Nutrition
SmokyMountainNutrition.com

P.O. Box 107335
Nashville, TN

