

STORE SEALED IN A COOL DRY AREA

Commitment to Quality Program
Sourced and manufactured to avoid:[†]
✓ Artificial Additives ✓ Allergens ✓ GMOs
✓ Environmental Contaminants ✓ Added Excipients
www.PureEncapsulations.com/QualityControl
[†]See Supplement Facts for specific product details

Recommendations: As a dietary supplement, take 3 capsules, 1–2 times daily, with meals.

Tamper Resistant: Use only if safety seal is intact.

Warning: Vitamin K may be contraindicated with Coumadin (Warfarin). If you are pregnant or lactating, have any health condition or are taking any medication, particularly blood thinning medication, consult your health professional before use.

Keep out of the reach of children.

Curcumin C3 Complex® is a registered trademark and patented product of Sabinsa Corporation.

FloraGLO® lutein is a registered trademark of Kemira Industries, Inc.

Zeaxanthin is sourced from OPTISHARP™ brand. OPTISHARP™ is a trademark of DSM Nutritional Products, Inc.



Women's Nutrients

Multivitamin/mineral complex
for women over 40

hypoallergenic
DIETARY SUPPLEMENT
360 CAPSULES

Supplement Facts

Serving size 3 capsules
Servings per container 120

	Amount Per Serving	% DV
Vitamin A (as beta carotene)	3,750 IU	75%
Vitamin C (as ascorbic acid)	125 mg	208%
Vitamin D (as cholecalciferol) (D ₃)	500 IU	125%
Vitamin E (as d-alpha tocopherol succinate)	50 IU	167%
Vitamin K (as vitamin K ₁)	50 mcg	63%
Thiamin (as thiamin HCl) (B ₁)	12.5 mg	833%
Riboflavin (as vitamin B ₂ and 28% riboflavin 5' phosphate (activated B ₂))	17.35 mg	1,021%
Niacin (as niacin and 67% niacinamide)	37.5 mg	188%
Vitamin B ₆ (as pyridoxine HCl and 40% pyridoxal 5' phosphate (activated B ₆))	10.4 mg	520%
Folate (as Metafolin®, L-5-MTHF)	400 mcg	100%
Vitamin B ₁₂ (as methylcobalamin)	250 mcg	4,167%
Biotin	1 mg	333%
Pantothenic acid (as calcium pantothenate) (B ₅)	25 mg	250%

Other ingredients: vegetarian capsule (cellulose, water), ascorbyl palmitate, cranberry fiber, cranberry seed oil, guar gum, sunflower lecithin

Metafolin® is a registered trademark of Merck KGaA, Darmstadt, Germany.

CHROMEMATE® ChromeMate® brand niacin-bound chromium. ChromeMate® is a registered trademark of InterHealth, N.I.

Calcium (as calcium citrate)	200 mg	20%
Iodine (as potassium iodide)	100 mcg	67%
Magnesium (as magnesium citrate)	50 mg	13%
Zinc (as zinc citrate)	7.5 mg	50%
Selenium (as selenomethionine)	100 mcg	143%
Manganese (as manganese citrate)	1 mg	50%
Chromium (as chromium polynicotinate)	100 mcg	83%
Potassium (as potassium citrate)	50 mg	1%
Boron (as boron glycinate)	1 mg	*
Vanadium (as bis-glycinato oxo vanadium)	50 mcg	*
Proprietary mixed carotenoid blend (as lutein, lycopene, zeaxanthin)	212 mcg	*
Choline bitartrate	50 mg	*
Inositol	62.5 mg	*
Alpha lipoic acid	37.5 mg	*
Cranberry (Vaccinium macrocarpon) concentrate (fruit)	50 mg	*
MacularSynergy Complex[‡]		
Lutein	3 mg	*
Zeaxanthin	500 mcg	*

HMRLignan™ is a trademark of Linnea Inc.

This product contains calcium D-glucarate, the use of which is licensed from Applied Food Sciences, Inc. and protected by U.S. Patent 7,662,863.

BreastHealth Plus[‡]		
HMRLignan™ (containing 7-hydroxymatairesinol) (from Norway spruce knot wood)	5 mg	*
Green tea (Camellia sinensis) leaf (standardized to contain 65% total tea catechins and 23% epigallocatechin gallate (EGCG))	50 mg	*
Turmeric (Curcuma longa) extract (root) (standardized to contain 95% curcuminoids)	50 mg	*
Calcium-D-glucarate	25 mg	
Cardio Polyphenol Complete[‡]		
Red wine (Vitis vinifera) concentrate (whole grape) (standardized to contain 25% total polyphenols)	50 mg	*
Grape (Vitis vinifera) extract (seed) (standardized to contain 92% polyphenols)	50 mg	*
Pomegranate (Punica granatum) extract (whole fruit) (standardized to contain 40% punicosides)	25 mg	*
StressCalm Blend[‡]		
Rhodiola (Rhodiola rosea) extract (root) (standardized to contain 3% total rosavins and 1% salidroside)	50 mg	*
Lemon balm (Melissa officinalis) extract (leaf) (standardized to contain 5% rosmarinic acid)	25 mg	*
*Daily value (DV) not established		

†This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

manufactured and formulated by:
Pure Encapsulations, Inc. Sudbury, MA USA
1-800-753-2277 www.PureEncapsulations.com

code: WN3
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