

STORE SEALED IN A COOL DRY AREA

Commitment to Quality Program
Sourced and manufactured to avoid:¹
✓ Artificial Additives ✓ Allergens ✓ GMOs
✓ Environmental Contaminants ✓ Added Excipients
www.PureEncapsulations.com/QualityControl
¹See Supplement Facts for specific product details

Recommendations: As a dietary supplement, take 2 capsules, 2 times daily, with meals.

Tamper Resistant: Use only if safety seal is intact.

Warning: Vitamin K may be contraindicated with Coumadin (Warfarin). If you are pregnant or lactating, have any health condition or are taking any medication, particularly blood thinning medication, consult your health professional before use.

Keep out of the reach of children.

Metafolin® is a registered trademark of Merck KGaA, Darmstadt, Germany.

Curcumin C3 Complex® is a registered trademark and patented product of Sabinsa Corporation.



Longevity Nutrients

Multivitamin/mineral complex for healthy aging[†]

DIETARY SUPPLEMENT
240 CAPSULES

Supplement Facts

Serving size 2 capsules
Servings per container 120

	Amount Per Serving	% Daily Value
Vitamin A (as beta carotene)	3,750 IU	75%
Vitamin C (as ascorbic acid)	125 mg	208%
Vitamin D (as cholecalciferol) (D ₃)	500 IU	125%
Vitamin E (as d-alpha tocopherol succinate)	50 IU	167%
Vitamin K (as vitamin K ₁ and 15% vitamin K ₂ (menaquinone-7))	50 mcg	63%
Thiamin (as thiamin HCl) (B ₁)	5 mg	333%
Riboflavin (as vitamin B ₂ and 61% riboflavin 5' phosphate (activated B2))	6.35 mg	374%
Niacin (as niacin and 56% niacinamide)	22.5 mg	113%
Vitamin B ₆ (as pyridoxine HCl and 56% pyridoxal 5' phosphate (activated B6))	5.85 mg	293%
Folate (as Metafolin®, L-5-MTHF)	200 mcg	50%
Vitamin B ₁₂ (as methylcobalamin)	250 mcg	4,167%
Biotin	1 mg	333%
Pantothenic acid (calcium pantothenate) (B ₅)	25 mg	250%
Iodine (as potassium iodide)	100 mcg	67%
Zinc (as zinc citrate)	7.5 mg	50%
Selenium (as selenomethionine)	100 mcg	143%
Manganese (as manganese citrate)	1 mg	50%
Chromium (as chromium polynicotinate)	200 mcg	167%
Boron (as boron glycinate)	1 mg	*
Vanadium (as bis-glycinato oxo vanadium)	50 mcg	*
Proprietary mixed carotenoid blend (as lutein, lycopene, zeaxanthin)	212 mcg	*
Choline bitartrate	50 mg	*
Inositol	62.5 mg	*
Alpha lipoic acid (thioctic acid)	37.5 mg	*
MacularSynergy Extra®		
Lutein	5 mg	*
Zeaxanthin	1 mg	*
CognitivePro Complex®		
Black pepper (piperine) extract (standardized to contain 20% piperine)	50 mg	*
Ginkgo biloba (Ginkgo biloba) extract (standardized to contain 24% ginkgolactones and 6% terpene lactones)	40 mg	*
Alpha-GPC	25 mg	*
Turmeric (Curcuma longa) extract (root) (standardized to contain 95% curcuminoids)	50 mg	*
Cardio Polyphenol Complex®		
Red wine grape (Vitis vinifera) concentrate (whole fruit) (standardized to contain 25% total polyphenols)	37.5 mg	*
Grape (Vitis vinifera) extract (seed) (standardized to contain 92% polyphenols)	37.5 mg	*
Pomegranate (Punica granatum L) extract (whole fruit) (standardized to contain 40% punicosides)	25 mg	*

*Daily value not established

[†]Contains soy

Other ingredients: vegetarian capsule (cellulose, water), calcium phosphate, ascorbyl palmitate, silicon dioxide

[†]This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

ChromeMate® ChromeMate® brand niacin-bound chromium. ChromeMate® is a registered trademark of InterHealth, N.I.

