pure encapsulations®

Ultra Pure Pack

Comprehensive daily packet providing core nutrients, vitamin D_3, CoQ_{10}, fish oil and resveratrol

Supplement Facts

Serving size: 1 packet (7 capsules)
Servings per container: 30

	Amount Per Serving	% Daily Value
Calories	10	
Calories from fat	10	
Total fat	1 g	< 2% **
Cholesterol	< 5 mg	< 2% **
Vitamin A (as beta carotene)	12,500 IU	250%
Vitamin C (as ascorbyl palmitate)	25 mg	42%
Vitamin D (as cholecalciferol)(D_3)	1,400 IU	350%
Vitamin E (as d-alpha tocopherol succinate and natural tocopherols)	200 IU	667%
Thiamin (as thiamin HCl) (B_1)	50 mg	3,333%
Riboflavin (as vitamin B_2 and 28% riboflavin 5' phosphate (activated B_2))	34.7 mg	2,041%
Niacin (as niacinamide and 42% inositol hexaniacinate (no-flush niacin))	86 mg	430%
Vitamin B_6 (as pyridoxine HCl and 40% pyridoxal 5' phosphate (activated B_6))	20.9 mg	1,045%
Folate (as Metafolin® L-5-MTHF)	400 mcg	100%
Vitamin B_{12} (as methylcobalamin)	500 mcg	8,333%
Biotin	400 mcg	133%
Pantothenic acid (as calcium pantothenate) (B_5)	200 mg	2,000%
Calcium (as calcium citrate/malate)	150 mg	15%
Magnesium (as magnesium aspartate)	100 mg	25%
Zinc (as zinc picolinate)	12.5 mg	83%
Selenium (as selenomethionine)	100 mcg	143%
Copper (as copper glycinate)	1 mg	50%
Manganese (as manganese aspartate)	2.5 mg	125%
Chromium (as chromium polynicotinate)	250 mcg	208%
Molybdenum (as molybdenum aspartate)	50 mcg	67%
Potassium (as potassium aspartate)	50 mg	1%
Boron (as boron glycinate)	1 mg	*
Vanadium (as vanadium aspartate)	100 mcg	*
Proprietary mixed carotenoid blend (as lutein, lycopene, zeaxanthin)	722 mcg	*
Alpha lipoic acid (thioctic acid)	50 mg	*
Coenzyme Q_{10}	85 mg	*
Hawthorn (*Crataegus oxyacantha*) extract (flower and leaf) (standardized to contain 2% vitexins)	50 mg	*
Ginger (*Zingiber officinale*) extract (root) (standardized to contain 5% gingerols)	50 mg	*
Milk thistle (*Silybum marianum*) extract (seed) (standardized to contain 80% silymarin)	50 mg	*
Turmeric (*Curcuma longa*) extract (root) (standardized to contain 95% curcuminoids)	100 mg	*
Setria® glutathione (reduced form)	25 mg	*
Trans-resveratrol (as Japanese knotweed (*Polygonum cuspidatum*) extract (root))	100 mg	*
Red wine grape (*Vitis vinifera*) concentrate (whole fruit) (standardized to contain 25% total polyphenols)	50 mg	*
Grape (*Vitis vinifera*) extract (seed) (standardized to contain 92% polyphenols)	50 mg	*
Fish oil concentrate (from anchovies, sardines, mackerel) providing:	1,000 mg	*
EPA (eicosapentaenoic acid)	300 mg	*
DHA (docosahexaenoic acid)	200 mg	*

*Daily value not established
**Percent daily values are based on a 2,000 calorie diet

Other ingredients: vegetarian capsule (cellulose, water), gelatin capsule (gelatin, glycerin, water), hypoallergenic plant fiber (cellulose)
[1] Contains fish (anchovies, sardines, mackerel)

STORE SEALED IN A COOL DRY AREA

Commitment to Quality Program
Sourced and manufactured to avoid[1]:
✓ Artificial Additives ✓ Allergens ✓ GMOs
✓ Environmental Contaminants ✓ Added Excipients
www.PureEncapsulations.com/QualityControl
[1]See Supplement Facts for specific product details

Recommendations: As a dietary supplement, take 1 packet daily (7 capsules), with a meal.

Tamper Resistant: Use only if safety seal is intact.

Warning: If you are pregnant or lacating, have any health condition or are taking any medication, consult your health professional before use.

Keep out of the reach of children.

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DIETARY SUPPLEMENT

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Ultra Pure Pack

with Metafolin® L-5-MTHF

DIETARY SUPPLEMENT
30 PACKETS

Each packet contains

UltraNutrient | 3 vegetarian capsules
EPA/DHA essentials | 1 softgel capsule
Vitamin D_3 | 1 vegetarian capsule
CoQ_{10} 60 | 1 vegetarian capsule
Resveratrol EXTRA | 1 vegetarian capsule

code: UPPB3
v7

manufactured and formulated by:
Pure Encapsulations, Inc. Sudbury, MA USA
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