

STORE SEALED IN A COOL DRY AREA

Commitment to Quality Program

Sourced and manufactured to avoid:¹

- ✓ Artificial Additives ✓ Allergens ✓ GMOs
- ✓ Environmental Contaminants ✓ Added Excipients

www.PureEncapsulations.com/QualityControl

¹See Supplement Facts for specific product details

Recommendations: As a dietary supplement, take 2 capsules, 1–4 times daily, with meals.

Tamper Resistant: Use only if safety seal is intact.

Warning: If you are pregnant or lactating, have any health condition or are taking any medication, consult your health professional before use.

Keep out of the reach of children.



pure
encapsulations®

Tri-EFA

*triple combination of
essential fatty acids*

DIETARY SUPPLEMENT
240 SOFTGEL CAPSULES

Supplement Facts

Serving size: 2 softgel capsules

Servings per container: 120

	Amount Per Serving	% Daily Value
Calories	20	
Calories from fat	• 20	
Total fat	2 g	2% **
Vitamin E (as d-alpha tocopherol)	10 IU	33%
Flax (<i>Linum usitatissimum</i>) oil (seed)	800 mg	*
Borage (<i>Borago officinalis</i>) oil (seed)	800 mg	*
Fish oil (from anchovies, sardines) (50% omega-3 essential fatty acids)	800 mg	*

*Daily value not established

**Percent daily values based on a 2,000 calorie diet.

*Contains fish (anchovies, sardines)

Other ingredients: gelatin capsule (gelatin, glycerin, water)

These oils typically provide:

ALA (alpha linolenic acid)	420 mg
EPA (eicosapentaenoic acid)	240 mg
DHA (docosahexaenoic acid)	160 mg
GLA (gamma linolenic acid)	160 mg

