

Recommended Dosage: As a dietary supplement, take 1 or more tablets of No. 14 with a glass of water or juice. For optimum results, use this product with other Wachters' supplements.

THIS PRODUCT WAS SEALED FOR YOUR PROTECTION.
DO NOT USE IF SEAL HAS BEEN TAMPERED WITH.

Keep out of reach of children.

Vitamin D is essential for promoting calcium absorption in the intestinal tract and maintaining adequate serum calcium and phosphate concentrations. It is also needed for normal bone growth and development. Vitamin D has other roles in human health, including modulation of neuromuscular and immune function and reduction of inflammation. Vitamin D requires conversion by the liver and kidneys to become active. Vitamin D₃ (cholecalciferol) is considered to be greater than three times more potent than vitamin D₂. **Turmeric extract** contains phenolic compounds called curcuminoids and is one of nature's most potent anti-inflammatories and antioxidants. **Green Tea Extract** is rich in catechin polyphenols, particularly epigallocatechin gallate is also a powerful anti-oxidant. Antioxidants work in helping the body prevent free radicals from forming and by neutralizing the free radicals which have already been formed. The Wachters' Exclusive Blend of Sea Vegetation® is the key ingredient that makes this formula unique.*

*This statement has not been evaluated by the Food and Drug Administration.
This product is not intended to diagnose, treat, cure or prevent any disease.

WACHTERS'



No. 14

Vitamin D3

With Green Tea and Turmeric Extracts

Dietary Supplement
120 TABLETS

Supplement Facts

Serving Size: 2 Tablets
Servings Per Container: 60

	Amount Per Serving	% Daily Value
Vitamin D (as cholecalciferol)	1000 IU	250%
Proprietary Blend consisting of:	210 mg	
Wachters' Exclusive Blend of Sea Vegetation®		
Green Tea Extract (<i>Camellia sinensis</i>)		
Turmeric Extract (<i>Curcuma Longa</i>)		

* Daily Value not established

"Wachters' Exclusive Blend of Sea Vegetation"® is a registered trademark of Wachters' Organic Sea Products and is an exclusive combination of multi-marine plant sources.

Manufactured By Wachters' Organic Sea Products
550 Sylvan Street, Daly City, CA 94014
To report a serious adverse event or obtain product information, call 1-800-682-7100
www.wachters.com

Made in U.S.A
Code #5125