Suggested Use. Take 1 capsule, 3 times daily or as directed by a health professional.

- Glutamine is the most abundant amino acid in the body and one of the few which can cross the blood-brain barrier; it plays an important role in biological functions including protein synthesis.**
- Provides support for the gastrointestinal tract while promoting intestinal mucosa health**
- During catabolic states or stress, such as in post-exercise, glutamine supports muscle recovery and glycogen reloading.**
- Glutamine is necessary in the production of glutathione, a key liver nutrient.**

Keep out of reach of children.



**THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG AD-MINISTRATION. THIS PROD-UCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE OR PREVENT ANY DISEASE.

R18-0517 R3.5

REMIER **RESEARCH LABS**

Premier Glutamine

A Key Amino Acid

Premier Muscle and Gastrointestinal Support**

A DIETARY SUPPLEMENT 100 VEGETARIAN CAPSULES



Supplement Facts

Serving Size 1 Capsule Servings Per Container 100

Amount Per Serving

L-Glutamine 500 mg *

*Daily Value Not Established

Other Ingredients: Organic Rice Protein, Vegetable Cellulose Capsule

The Preferred Form: L-Glutamine (free form), derived from beneficial bacteria (not synthetic)

PRL's Quality Program. Manufactured to avoid: added magnesium stearate (an undesirable excipient), artificial colors, artificial flavors or artificial preservatives.

Tamper Seal: Use only if seal is intact. Consult your health care practitioner if you are nursing/lactating, taking medications or have a medical condition, before taking this or any other product. Store in a cool, dry place.