

STORE SEALED IN A COOL DRY AREA

Commitment to Quality Program
Sourced and manufactured to avoid:¹
✓ Artificial Additives ✓ Allergens ✓ GMOs
✓ Environmental Contaminants ✓ Added Excipients
www.PureEncapsulations.com/QualityControl
¹See Supplement Facts for specific product details

Recommendations: As a dietary supplement, take 2 capsules 30–60 minutes before bedtime.

Tamper Resistant: Use only if safety seal is intact.

Warning: see side panel

Keep out of the reach of children.



Best-Rest Formula

hypoallergenic
DIETARY SUPPLEMENT
60 CAPSULES

Supplement Facts

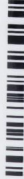
Serving size 2 capsules
Servings per container 30

	Amount Per Serving	% DV
Vitamin B ₆ (as pyridoxal 5' phosphate) (activated B ₆)	3.3 mg	165%
Melatonin	1 mg	*
GABA (gamma-aminobutyric acid)	300 mg	*
L-Theanine	50 mg	*
Valerian (<i>Valeriana officinalis</i>) extract (root) (deodorized) (standardized to contain 0.8% valerenic acids)	400 mg	*
Lemon balm (<i>Melissa officinalis</i>) extract (leaf) (standardized to contain 5% rosmarinic acid)	150 mg	*
Hops (<i>Humulus lupulus</i>) extract (aerial parts)	150 mg	*
Passion flower (<i>Passiflora incarnata</i>) extract (aerial parts) (standardized to contain 3.5% vitexins)	100 mg	*
Chamomile (<i>Matricaria recutita</i>) extract (flower)	100 mg	*

* Daily value (DV) not established

Other ingredients: vegetarian capsule (cellulose, water),
hypoallergenic plant fiber (cellulose), gum arabic, maltodextrin,
ascorbyl palmitate, silica

WARNING: Consult a healthcare professional if you are experiencing long-term sleep difficulties, before use in children, before use in pregnant or lactating women, those with a medical condition, and those taking medication. Do not drive or operate machinery when taking melatonin. This product may be contraindicated with autoimmune disease or for individuals taking corticosteroids.



manufactured and formulated by:
Pure Encapsulations, Inc. Sudbury, MA USA
1-800-753-2277 www.PureEncapsulations.com

code: BRF6



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