**CODE 621023** 

**DIRECTIONS:** As a dietary supplement, add 1 packet to 8 fl. oz. of cold water or your favorite beverage and mix thoroughly. On training days, consume one serving before or during your favorite exercise. On non-training days, consume one serving for additional energy, focus and hydration.\* Do not take near bedtime.

Supplement	Fac	:ts	Amount Per Serving	% Daily	Value
Serving Size 1 Packet (8.5 g)			Chloride	300 mg	13%
Servings Per Container 12			Sodium	230 mg	10%
			Potassium (as Potassium Citrate)	200 mg	4%
Amount Per Serving	% Daily	Value	Coconut Water Powder	1 g	*
Calories	20		D-Ribose	1 g	*
Total Carbohydrate	5 g	2%†	Trehalose	1 g	*
Dietary Fiber	<1 g	3%†	Wild Blueberry Fruit Powder	530 mg	*
Total Sugars	3 g	*	Caffeine (from Green Coffee Bear	n 100 mg	*
Includes 2 g Added Sugars		4%†	[Coffea robusta])		
Vitamin C (from Acerola Fruit)	75 mg	83%	† Percent Daily Values are based on a	2.000 calo	rie diet.
Calcium (as Calcium Gluconate)	50 mg	4%	* Daily Value not established.	_,	
Magnesium (as Magnesium Citrate) 30 mg 7%					

OTHER INGREDIENTS: Natural Flavor (Lemon Lime), Citric Acid, Salt, Guar Gum, Silica, Highly Purified Steviol Glycosides, Beet Root (Color).

## **CONTAINS: Tree Nuts (Coconut).**

This product contains 100 mg of caffeine.

**WARNING:** Consult your physician prior to using this product if you are pregnant, nursing, taking medication, or have a medical condition. Discontinue use two weeks prior to surgery. Banned Substance Free, Non-GMO, Gluten Free, No Artificial Flavors, No Artificial Sweeteners, No Artificial Colors, Porcine Free.



Products bearing this logo have been tested for banned substances by LGC Science, Inc., a world-class anti-doping lab. \*Product was tested for over 220 banned substances on the 2018 World Anti-Doping Agency (WADA) Prohibited List via LGC Trusted by sport skip lot testing protocol #ICP0307. See gnc.com for more information.

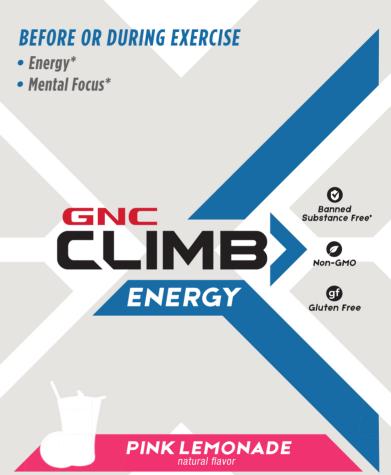
## PREPARE FOR **GREATNESS.**

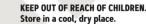
Natural caffeine kickstarts your workout and helps keep you focused while electrolytes replenish what you lose as you sweat towards your personal best.\*

- ✓ Banned Substance Free\*
- ✓ Non-GMO

- ✓ Gluten Free
- ✓ No Artificial Flavors
- ✓ No Artificial Sweeteners
- ✓ No Artificial Colors
- ✓ Porcine Free

AIM HIGH. CLIMB HIGHER.





For More Information: 1-888-462-2548 GNC.com Distributed by: **General Nutrition Corporation** Pittsburgh, PA 15222 USA

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

## **POWDER MIX**

12 - 0.30 OZ (8.5 G) PACKETS NET WT 3.6 OZ [102 G]

**DIETARY SUPPLEMENT**