CODE 621021

DIRECTIONS: As a dietary supplement, add 1 packet to 8 fl. oz. of cold water or your favorite beverage and mix thoroughly. On training days, consume one serving before or during your favorite exercise. On non-training days, consume one serving for additional energy, focus and hydration.* Do not take near bedtime.

Supplement Facts Serving Size 1 Packet (8.3 g)

Sorvings Por Containor 12

Servings Per Container 12		
Amount Per Serving	% Daily	/alue
Calories	20	
Total Carbohydrate	5 g	2%†
Dietary Fiber	<1 g	3%†
Total Sugars	3 g	*
Includes 2 g Added Sugars		4%†
Vitamin C (from Acerola Fruit)	75 mg	83%
Calcium (as Calcium Gluconate)	50 mg	4%
Magnesium (as Magnesium Citrate	e) 30 mg	7%

Amount Per Serving	% Daily	Value
Chloride	300 mg	13%
Sodium	220 mg	10%
Potassium (as Potassium Citrate)	200 mg	4%
Coconut Water Powder	1 g	*
D-Ribose	1 g	*
Trehalose	1 g	*
Wild Blueberry Fruit Powder	530 mg	*
Caffeine (from Green Coffee Bear [Coffea robusta])	100 mg	*
† Percent Daily Values are based on a * Daily Value not established.	2,000 calo	rie diet.

OTHER INGREDIENTS: Natural Flavors (Mango, Orange, Watermelon), Citric Acid, Salt, Guar Gum, Silica, beta-Carotene (Color), Highly Purified Steviol Glycosides, Beet Root (Color).

CONTAINS: Tree Nuts (Coconut).

This product contains 100 mg of caffeine.

WARNING: Consult your physician prior to using this product if you are pregnant, nursing, taking medication, or have a medical condition. Discontinue use two weeks prior to surgery. Banned Substance Free, Non-GMO, Gluten Free, No Artificial Flavors, No Artificial Sweeteners, No Artificial Colors, Porcine Free.



Products bearing this logo have been tested for banned substances by LGC Science, Inc., a world-class anti-doping lab. *Product was tested for over 220 banned substances on the 2018 World Anti-Doping Agency (WADA) Prohibited List via LGC Trusted by sport skip lot testing protocol #ICP0307. See gnc.com for more information.

PREPARE FOR **GREATNESS.**

Natural caffeine kickstarts your workout and helps keep you focused while electrolytes replenish what you lose as you sweat towards your personal best.*

- ✓ Banned Substance Free*
- ✓ Non-GMO
- ✓ Gluten Free
- ✓ No Artificial Flavors
- ✓ No Artificial Sweeteners
- ✓ No Artificial Colors
- ✓ Porcine Free

AIM HIGH. CLIMB HIGHER.



*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

12 - 0.29 OZ (8.3 G) PACKETS NET WT 3.5 OZ (99.6 G)

POWDER MIX

KEEP OUT OF REACH OF CHILDREN. Store in a cool, dry place.

For More Information: 1-888-462-2548 GNC.com Distributed by: **General Nutrition Corporation** Pittsburgh, PA 15222 USA