1-888-462-2548 GNC.com Distributed by: **General Nutrition Corporation** Pittsburgh, PA 15222 USA



PREPARE FOR GREATNESS.

Natural caffeine kick-starts your workout and keeps you focused while electrolytes replenish what you lose as you sweat towards your personal best.*

AIM HIGH. CLIMB HIGHER

Products bearing this logo have been tested for banned Trusted by sport substances by LGC Science, Inc., a world-class anti-doping lab. *Product was tested for over 220 banned substances on the 2018 World Anti-Doping Agency (WADA) Prohibited List via LGC skip lot testing protocol #ICP0307. See anc.com for more information.

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

BEFORE OR DURING EXERCISE

- Energy*
- Mental Focus*



Banned Substance Free*

> 0 Non-GMO

Gluten Free

PINK LEMONADE natural flavor

ENERGY

POWDER MIX

DIETARY SUPPLEMENT NET WT 9 OZ [255 G]

CODE 621050

% Daily Value

DIRECTIONS: As a dietary supplement, add 1 scoop to 8 fl. oz. of cold water or your favorite beverage and mix thoroughly. On training days, consume one serving before or during your favorite exercise. On non-training days, consume one serving for additional energy, focus and hydration.* Do not take near bedtime.

Supplement	Fa	cts	Amount Per Serving	% Daily	Value
Serving Size 1 Scoop (8.5 g)			Chloride	300 mg	13%
Servings Per Container 30			Sodium	230 mg	10%
			Potassium (as Potassium Citrate)	200 mg	49
Amount Per Serving	% Dail	ly Value	Coconut Water Powder	1 g	
Calories	20		D-Ribose	1 g	
Total Carbohydrate	5 g	2%†	Trehalose	1 q	
Dietary Fiber	<1 g	3%†	Wild Blueberry Fruit Powder	530 mg	
Total Sugars	3 g	*	Caffeine (from Green Coffee Bean	100 mg	
Includes 2 g Added Sugars		4%†	[Coffea robusta])	,	
Vitamin C (from Acerola Fruit)	75 mg	83%	† Percent Daily Values are based on	a 2 000 calor	ia diat
Calcium (as Calcium Gluconate)	50 mg	4%	* Daily Value not established.	a 2,000 cator	ie uiet.
Magnesium (as Magnesium Citrate)	30 mg	7%	Tany ratio not obtained		
ATTUENDED TO A TOTAL OF			0 000 10 11 0 16 10 110 110	D . D . /O	1.5

OTHER INGREDIENTS: Natural Flavor (Lemon Lime), Citric Acid, Salt, Guar Gum, Silica, Highly Purified Steviol Glycosides, Beet Root (Color). CONTAINS: Tree Nuts (Coconut).

This product contains 100 mg of caffeine.

WARNING: Consult your physician prior to using this product if you are pregnant, nursing, taking medication, or have a medical condition. Discontinue use two weeks prior to surgery.

Banned Substance Free, Non-GMO, Gluten Free, No Artificial Flavors, No Artificial Sweeteners, No Artificial Colors, Porcine Free NOTICE: Significant product settling may occur.