

STORE SEALED IN A COOL DRY AREA

Commitment to Quality Program

Sourced and manufactured to avoid:[†]

- ✓ Artificial Additives ✓ Allergens ✓ GMOs
 - ✓ Environmental Contaminants ✓ Added Excipients
- www.PureEncapsulations.com/QualityControl

[†]See Supplement Facts for specific product details

Recommendations: As a dietary supplement, take 1 capsule daily, with a meal.

Tamper Resistant: Use only if safety seal is intact.

Warning: If you are pregnant or lactating, have any health condition or are taking any medication, consult your health professional before use.

Keep out of the reach of children.

Metafolin® is a registered trademark of Merck KGaA, Darmstadt, Germany.



pure
encapsulations®

B₆ Complex

with Metafolin® L-5-MTHF

hypoallergenic
DIETARY SUPPLEMENT
60 CAPSULES

Supplement Facts

Serving size 1 capsule
Servings per container 60

	Amount Per Serving	% Daily Value
Thiamin (as thiamin HCl) (B ₁)	100 mg	6,667%
Riboflavin (as vitamin B ₂ and 67% riboflavin 5' phosphate (activated B ₂))	15 mg	882%
Niacin (as niacinamide and 9% inositol hexaniacinat (no-flush niacin))	110 mg	550%
Vitamin B ₆ (as pyridoxine HCl and 5% pyridoxal 5' phosphate (activated B ₆))	200 mg	10,000%
Folate (as Metafolin®, L-5-MTHF)	400 mcg	100%
Vitamin B ₁₂ (as methylcobalamin, 30% adenosylcobalamin and 30% hydroxycobalamin HCl)	1,000 mcg	16,667%
Biotin	400 mcg	133%
Pantothenic acid (as calcium pantothenate) (B ₅)	100 mg	1,000%
Choline bitartrate	30 mg	*
Inositol	25 mg	*

*Daily value not established

Other ingredients: vegetarian capsule (cellulose, water), ascorbyl palmitate



manufactured and formulated by:
Pure Encapsulations, Inc., Sudbury, MA, USA
1-800-753-2277 www.PureEncapsulations.com

code: B6C26



v1