KEEP OUT OF REACH OF CHILDREN Store in a cool, dry place. For More Information: 1-888-462-2548 GNC com Distributed by: General Nutrition Corporation Pittsburgh, PA 15222 USA



PREPARE FOR GREATNESS.

Natural caffeine kick-starts your workout and keeps you focused while electrolytes replenish what you lose as you sweat towards your personal best.*

AIM HIGH. CLIMB HIGHER.

Products bearing this logo have been tested for banned Trusted by sport substances by LGC Science, Inc., a world-class anti-doping lab. *Product was tested for over 220 banned substances on the 2018 World Anti-Doping Agency (WADA) Prohibited List via LGC skip lot testing protocol #ICP0307. See gnc.com for more information.

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

BEFORE OR DURING EXERCISE

- Energy*
- Mental Focus*



0 Banned Substance Free* 0



gf Gluten Free

ENERGY

CRISP MELON

POWDER MIX

DIETARY SUPPLEMENT NET WT 8.8 OZ (249 G) CODE 621051

DIRECTIONS: As a dietary supplement, add 1 scoop to 8 fl. oz. of cold water or your favorite beverage and mix thoroughly. On training days, consume one serving before or during your favorite exercise. On non-training days, consume one serving for additional energy, focus and hydration.* Do not take near bedtime.

Supplement				% Daily V
Serving Size 1 Scoop (8.3 g)			Chloride	300 mg
Servings Per Container 30			Sodium	220 mg
			Potassium (as Potassium Citrate)	200 mg
Amount Per Serving	% Daily	y Value	Coconut Water Powder	1 g
Calories	20		D-Ribose	1 g
Total Carbohydrate	5 g	2%†	Trehalose	1 g
Dietary Fiber	<1 g		Wild Blueberry Fruit Powder	530 mg
Total Sugars	3 g	*	Caffeine (from Green Coffee Bean	100 mg
Includes 2 g Added Sugars		4%†	[Coffea robusta])	
Vitamin C (from Acerola Fruit)	75 mg	83%	† Percent Daily Values are based on a 2,000 calorie diet. * Daily Value not established.	
Calcium (as Calcium Gluconate)	50 mg	4%		
Magnesium (as Magnesium Citrate)	30 mg	7%		

OTHER INGREDIENTS: Natural Flavors (Mango, Orange, Watermelon), Citric Acid, Salt, Guar Gum, Silica, beta-Carotene (Color), Highly Purified Steviol Glycosides, Beet Root (Color)

CONTAINS: Tree Nuts (Coconut)

This product contains 100 mg of caffeine.

WARNING: Consult your physician prior to using this product if you are pregnant, nursing, taking medication, or have a medical condition. Discontinue use two weeks prior to surgery.

Banned Substance Free, Non-GMO, Gluten Free, No Artificial Flavors, No Artificial Sweeteners, No Artificial Colors, Porcine Free, NOTICE: Significant product settling may occur.

ETG

% Daily Value