

FEEL THE BENEFITS OF ADDITIONAL SUPPORT.

In addition to TamaFlex™, you get:

Glucosamine and Chondroitin

- Building blocks essential for healthy cartilage*
- Support the body's ability to maintain joint health associated with aging and daily wear and tear*

UC-II® Collagen

- A patented undenatured Type II collagen clinically studied for joint health*

Hyaluronic Acid

- An important structural component to support joint cushioning*

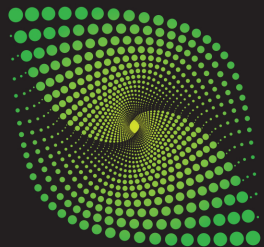
FEEL THE DIFFERENCE.

Whether you're running errands or running laps, you don't have to let occasional joint discomfort and stiffness slow you down.

CLINICALLY PROVEN JOINT SUPPORT:

- Helps you feel better in just two weeks**
- Provides 6X more comfort and 7.5X better function**
- Reduces discomfort following exercise and daily activities**
- Improves stiffness and flexibility**
- Improves ability to climb stairs**
- Increases knee joint range of motion**

GNC



TAMAFLEX™ COMPLETE PROVEN JOINT SUPPORT*

CODE 304412

GTG

DIRECTIONS: As a dietary supplement, take two caplets in the morning and two in the evening.

Supplement Facts

Serving Size Two Caplets / Servings Per Container 60

Amount Per Serving	% Daily Value	
Sodium	60 mg	3%
d-Glucosamine Hydrochloride	750 mg	*
Chondroitin Sulfate Sodium	600 mg	*
TamaFlex™ (Tamarind [<i>Tamarindus indica</i>] Seed Extract & Turmeric [<i>Curcuma longa</i>] Rhizome Extract)	125 mg	*
UC-II® Type II Collagen Complex	20 mg	*
Hyaluronic Acid	2.5 mg	*

* Daily Value not established.

OTHER INGREDIENTS: Microcrystalline Cellulose, Croscarmellose Sodium, Hydroxypropyl Methylcellulose, Stearic Acid Vegetable Source, Titanium Dioxide (Mineral Whitener), Magnesium Stearate Vegetable Source, Polyethylene Glycol, Silicon Dioxide, Talc, Hydroxypropylcellulose, Riboflavin (Color).

CONTAINS: Crustaceans (Shrimp).

WARNING: Consult your physician prior to using this product if you are pregnant, nursing, taking medication, or have a medical condition. Discontinue use two weeks prior to surgery.

No Sugar, No Starch, No Artificial Flavors, No Preservatives, No Wheat, Gluten Free, No Corn, No Soy, No Dairy.



ACTUAL SIZE

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

OUR QUALITY COMMITMENT TO YOU

Since 1935, our mission as the industry leader has been to provide you with the highest-quality nutritional supplements. We continue to stand behind this mission. If you're not 100% satisfied with your purchase, return the unused portion of the product with your receipt within 30 days and we'll either refund your money or find a replacement product that is right for you.



Please recycle this box.

* In a randomized, double-blinded trial, 90 healthy adults took 125 mg of TamaFlex™ or placebo twice daily for 90 days. Those taking TamaFlex™ had improved (i) joint comfort, stiffness and function (WOMAC), (ii) walking speed and distance and (iii) use of stairs. Improvements were seen as early as 2 weeks for comfort and stiffness.

CLINICAL STRENGTH DOSE OF
GLUCOSAMINE & CHONDROITIN
PLUS UC-II® COLLAGEN

7.5X BETTER FUNCTION**
6X MORE COMFORT**

120 CAPLETS
30-DAY SUPPLY

DIETARY SUPPLEMENT

TamaFlex™ TamaFlex™ is a trademark of
NXT USA, Inc. Patents Pending.



UC-II® and logo are trademarks
of Lonza or its affiliates.

KEEP OUT OF REACH OF CHILDREN.
Store in a cool, dry place.

For More Information:
1-888-462-2548

TamaFlex.com
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