

Hair U-Grow™ provides a very well-balanced blend of important nutrients which have been recognized for their significance in supporting healthy hair growth. Our special formula includes herbs like Saw Palmetto, which can have very positive effects in supporting hair growth in both men and women.

SUGGESTED USE: 1 tablet daily preferably with a meal or as directed by a health care professional.

CAUTION: Do not exceed recommended dose. Pregnant or nursing mothers, individuals with bleeding disorders, seizure disorder, taking anti-coagulant or MAO inhibiting drugs, children under 18 years of age, and individuals with a known medical condition should consult a physician before using this or any dietary supplement. This product is manufactured and packaged in a facility which may also process milk, soy, wheat, egg, peanuts, tree nuts, fish and crustacean shellfish.

KEEP OUT OF THE REACH OF CHILDREN. DO NOT USE IF SAFETY SEAL IS DAMAGED OR MISSING. STORE IN A COOL, DRY PLACE.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Distributed By: Rise-N-Shine, LLC
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Rise-N-Shine™

HAIR U-GROW™

Contains Powerful Natural
Ingredients to Support Healthy
Hair Growth

30 Tablets
DIETARY SUPPLEMENT

Supplement Facts

Serving Size 1 Tablet
Servings Per Container: 30

Amount Per Serving	%Daily Value
Vitamin A (beta-carotene)	5,000 IU 100%
Vitamin C (ascorbic acid)	125 mg 208%
Vitamin E (d-Alpha tocopheryl succinate)	6 IU 20%
Vitamin B-1 (thiamine mononitrate)	15 mg 1000%
Vitamin B-2 (riboflavin)	50 mg 2941%
Niacinamide	15 mg 75%
Vitamin B-6 (pyridoxine HCl)	50 mg 2500%
Folic Acid	200 mcg 50%
Biotin	2000 mcg 667%
Pantothenic Acid (calcium pantothenate)	125 mg 1250%
Calcium (carbonate)	100 mg 10%
Zinc (amino acid chelate)	2.5 mg 17%
Copper (gluconate)	0.5 mg 25%
Choline Bitartrate	125 mg *
Silica (bamboo 70% extract)	20 mg *
Inositol	125 mg *
PABA (para-aminobenzoic acid)	50 mcg *
L-Cysteine	50 mcg *
MSM (methylsulfonylmethane)	25 mg *
Ginkgo biloba Leaf (24% extract)	15 mg *
Saw Palmetto Fruit (5:1 extract)	125 mg *
Pygeum africanum Bark (5:1 extract)	50 mg *
Green Tea Leaf (98% extract)	25 mg *
Grape Seed (95% extract)	25 mg *

*Daily Value not established.

Other ingredients: Vegetable stearic acid, microcrystalline cellulose, croscarmellose sodium, hydroxypropyl methylcellulose, vegetable magnesium stearate, silicon dioxide, and riboflavin.

ALLERGEN WARNING: CONTAINS SOY.