

**SUGGESTED USE:** SHAKE WELL before use. As a dietary supplement for adults, take 0.5 mL (62.5 mcg) or 1.0 mL (125 mcg) daily, with a meal, or as directed by a healthcare practitioner. Can be mixed in beverages or taken straight from the dropper. Calibrated dropper inside.

If you are pregnant, nursing, taking any medications or have any medical condition, please consult your healthcare practitioner before taking any dietary supplement. Discontinue use and consult your healthcare practitioner if any adverse reactions occur. NOT INTENDED FOR USE BY CHILDREN. Keep out of reach of children. Store unopened container at room temperature. Do not use if outer bottle seal is missing or damaged. **Refrigerate after opening.**

Solgar's KOF-K certification #K-1250

**Carefully Manufactured by:**  
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**SOLGB32048 03B**



# LIQUID VITAMIN D3

(CHOLECALCIFEROL)  
**125 mcg (5,000 IU)**  
PER SERVING

NATURAL ORANGE FLAVOR  
NOT INTENDED FOR USE BY CHILDREN

GLUTEN, WHEAT & DAIRY FREE



**2 FL. OZ. (59 mL)**

DIETARY SUPPLEMENT

## Supplement Facts

Serving Size: 1.0 mL  
Servings Per Container: 59

Amount Per Serving		%DV
Calories	10	
Total Fat	1 g	1%*
Vitamin D3	125 mcg (5,000 IU)	625%
(as cholecalciferol)		

\* Percent Daily Values (DV) are based on a 2,000 calorie diet.

Other Ingredients: Sunflower Seed Oil, Natural Orange Flavor.

**FREE OF: Gluten, Wheat, Dairy, Soy, Yeast, Sugar, Sodium, Artificial Flavor, Sweetener, Preservatives and Color.**

Product Number: 32048