

Organic Flaxseed Oil contains Omega-3 fatty acids which help support the cardiovascular system, digestive health and joint health.

SUGGESTED USE: 1 softgel taken 1 to 2 times daily preferably with meals or as directed by a healthcare professional.

CAUTION: Do not exceed recommended dose. Pregnant or nursing mothers, children under 18, and individuals with a known medical condition should consult a physician before using this or any dietary supplement. This product is manufactured and packaged in a facility which may also process milk, soy, wheat, egg, peanuts, tree nuts, fish and crustacean shellfish.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Distributed By: Rise-N-Shine, LLC
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Every Day Desires Met... Naturally

Rise-N-Shine™

ORGANIC FLAXSEED OIL

Contains Omega-3 For
Heart Health

60 Softgels
DIETARY SUPPLEMENT

Supplement Facts

Serving Size 1 Softgel
Servings Per Container: 60

Amount Per Serving	%Daily Value
Calories	10
Calories from Fat	10
Total Fat	1g 2%
Flaxseed Oil (Organic)	1,000 mg *
Naturally Providing:	
Alpha-Linolenic Acid (Omega-3)	
Linoleic Acid (Omega-6)	
Oleic Acid (Omega-9)	
Other Fatty Acids & Phytonutrients	

*Daily Value not established.

Other Ingredients: Gelatin (bovine), glycerin and purified water.

KEEP OUT OF THE REACH OF CHILDREN.
DO NOT USE IF SAFETY SEAL IS DAMAGED OR MISSING. STORE IN A COOL, DRY PLACE.