

Solgar's Standardized • Full Potency (SFP) Herbs are developed through a unique process that integrates the ideologies of both traditional herbalism and standardized herbal technology. To ensure consistent and reliable phytonutrient levels, we isolate a controlled amount of these important active plant compounds. Then, we blend these enhanced, "standardized" compounds with all of the components that occur naturally in the whole raw herb. The result is a potent, premium-quality standardized herbal extract with all of the synergistic and beneficial qualities found in nature.

Phyto₂X[®] is a special blend of antioxidants, the purpose of which is to maintain the freshness of the ingredients.

Carefully Manufactured by:
Solgar, Inc.
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PHYTO₂X[®]
SYSTEM



STANDARDIZED • FULL POTENCY

ST. JOHN'S WORT HERB EXTRACT

(*Hypericum perforatum*)

HERBAL SUPPLEMENT

60 VEGETABLE CAPSULES
GLUTEN, WHEAT & DAIRY FREE
SUITABLE FOR VEGETARIANS

Supplement Facts

Serving Size 1 Vegetable Capsule

Amount Per Serving	%DV
Total Carbohydrate	<1 g <1%*
Standardized St. John's Wort Extract (<i>Hypericum perforatum</i>) (aerial) (hypericin 0.5 mg [0.3%])	175 mg **
St. John's Wort Powder (<i>Hypericum perforatum</i>) (aerial)	300 mg **

*Percent Daily Values (DV) are based on a 2,000 calorie diet.

**Daily Value not established.

Other Ingredients: Vegetable Cellulose,
Vegetable Magnesium Stearate, Phyto₂X[®]
Blend (natural beta-carotene, L-ascorbic acid).

FREE OF: Gluten, Wheat, Dairy, Soy, Yeast,
Sugar, Sodium, Artificial Flavor, Sweetener,
Preservatives and Color.

SUGGESTED USE: As an herbal dietary supplement for adults, take one (1) vegetable capsule daily preferably with a meal, or as directed by a healthcare practitioner.

Not intended for use by pregnant or nursing women. If you are taking any medications or have any medical condition, please consult your healthcare practitioner before taking any dietary supplement. Avoid excessive exposure to sun and other sources of ultraviolet light when using this product. Discontinue use and consult your healthcare practitioner if any adverse reactions occur. Not intended for use by persons under the age of 18. Keep out of reach of children. Store at room temperature. Do not use if outer bottle seal is missing or damaged.

Should not be taken with tyramine containing foods, such as aged cheeses and meats.

Solgar's KOF-K certification #K-1250

