Cinnamon Complex is a pure herbal complex derived from cinnamon bark and extract.

SUGGESTED USE: 2 capsules before each meal or as directed by a healthcare professional. Do not exceed 6 capsules daily.

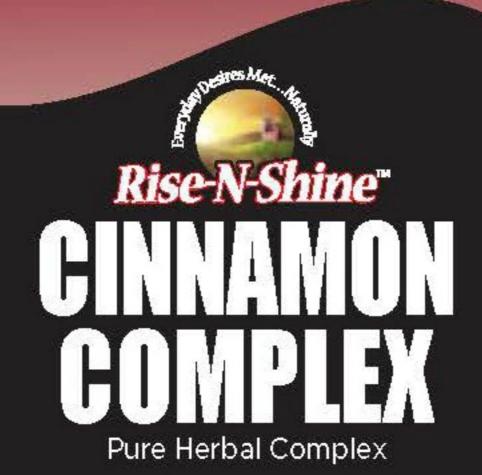
CAUTION: Do not exceed recommended dose. Pregnant or nursing mothers, children under 18, and individuals with a known medical condition should consult a physician before using this or any dietary supplement. This product is manufactured and packaged in a facility which may also process milk, soy, wheat, egg, peanuts, tree nuts, fish and crustacean shellfish.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Distributed By: Rise-N-Shine, LLC 17 Woodport Road, Sparta, NJ 07871 973-729-4141 • www.rise-n-shine.com







Supplement Facts

Serving Size 2 Capsule Servings Per Container: 30

Amount Per Serving	% Daily Value	
Organic Bark Powder (Cinnamomom cassia)	800 mg	*
Cinnamon Bark Extract (Cinnamomom cassia) (providing 4% essential oils)	200 mg	*
*Daily Value not established.		

Other Ingredients: Gelatin (bovine), vegetable magnesium stearate and rice flour.



30 Capsules DIETARY SUPPLEMENT

MEEP OUT OF THE REACH OF CHILDREN.

DO NOT USE IF SAFETY SEAL IS DAMAGED OR
MISSING. STORE IN A COOL, DRY PLACE.