



Women's Once Daily Multi

WHOLE FOOD GROWN

GLUTEN Free



Supplement Facts

Serving Size 1 Tablet

Servings Per Container 30

Amount Per Serving	% Daily Value	
Vitamin A (from natural beta carotene)	5000 IU	100%
Vitamin C (from Amla extract)§	65 mg	108%
Vitamin D3 (cholecalciferol from lichen)	1000 IU	250%
Vitamin E (from Annatto extract§, natural sunflower vitamin E)	30 IU	100%
Vitamin K (menaquinone-7)	80 mcg	100%
Thiamin (from Guava, Holy Basil and Lemon extracts)§	2.25 mg	150%
Riboflavin (from Guava, Holy Basil and Lemon extracts)§	2.1 mg	124%
Niacin (from Guava, Holy Basil and Lemon extracts)§	20 mg	100%
Vitamin B6 (from Guava, Holy Basil and Lemon extracts)§	10 mg	500%
Folic Acid (from Guava, Holy Basil and Lemon extracts)§	420 mcg	105%
Vitamin B12 (from methylcobalamin)	15 mcg	250%
Biotin (from <i>Sesbania grandiflora</i>)§	315 mcg	105%
Pantothenic Acid (from Guava, Holy Basil and Lemon extracts)§	10 mg	100%
Calcium (from <i>Algas calcareas</i>)§	20 mg	2%
Iron (from Curry extract)§	4 mg	22%
Magnesium (from <i>Algas calcareas</i>)§	4 mg	1%
Zinc (from Guava)§	6 mg	40%
Selenium (from Mustard extract)§	85 mcg	121%
Manganese (from manganese sulfate)	2 mg	100%
Chromium (from Moringa extract [<i>Moringa oleifera</i>])§	200 mcg	167%

Certified Organic Whole Food Blend –	1000 mg	†
Guava\$, Holy Basil\$, Lemon\$, Mustard\$, Curry\$, Amla\$, Moringa\$, Annatto\$, Sesbania\$, Apple\$, Orange\$, Concord Grape\$, Blueberry\$, Strawberry\$, Cranberry\$, Beet Juice\$, Blackberry\$, Black Currant\$, Cherry\$, Pomegranate\$, Raspberry\$, Carrot Juice\$, Bell Pepper Red\$, Cucumber\$, Sweet Potato\$, Broccoli\$, Spinach\$, Mango\$, Papaya\$, Wild Bilberry\$, Cinnamon\$		
Certified Organic Women's Health Botanical Blend –	50 mg	†
Maca\$, Cranberry\$, Flax\$, Fenugreek\$		

†Daily Value not established. §Organic ♦Origen™ Brand

Other ingredients: Tapioca dextrose\$, brown rice syrup solids\$, rice protein\$, potato starch\$ and coating\$ (tapioca maltodextrin\$, sunflower lecithin\$, palm oil\$, guar gum\$).

IFC 1137650

Nutritional Support for Healthy Energy, Strength, Stamina, Heart Function and Metabolism *

Source of Life® GARDEN Organic Women's Once Daily Multi is the most convenient way to harness the energizing power of wholesome nutrients from real, certified organic fruits and vegetables, without pesticides, synthetic chemicals, yeast, allergens and other toxins. Its high-potency essential vitamins and minerals, plus highly active women's health-supporting botanicals, revitalize your life and help overcome countless health challenges for improvements you can feel! Discover the difference Source of Life GARDEN Organic Women's Once Daily Multi can make in your life!

Source of Life GARDEN Organic Women's Once Daily Multi features:

- 35 organic whole foods
- 100% DV for most vitamins and minerals
- 20,000 total ORAC
- Non-GMO
- Free from Yeast and all Major FALCPA Allergens
- Certified Organic Women's Botanicals:
 - Certified Organic Cranberry, Certified Organic Maca, Certified Organic Flax, Certified Organic Fenugreek

DOES NOT CONTAIN: Magnesium Stearate, Stearic Acid, Titanium Dioxide, Carnauba Wax, Talc, Yeast, Hexane or Artificial: Flavoring, Sweeteners or Preservatives.

YEAST FREE • GLUTEN FREE • VEGAN • HYPO-ALLERGENIC

Free from artificial colors and preservatives. Free from the common allergens yeast, wheat, soy and milk. Free from corn and corn allergens.

DIRECTIONS: As a dietary supplement, take 1 organic tablet daily.

KEEP TIGHTLY CLOSED IN A COOL, DRY PLACE.

KEEP OUT OF REACH OF CHILDREN. CONTAINS IRON.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

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