

Suggested Use: As a dietary supplement, 1 capsule, 1 or more times daily as needed or as directed by your health care provider.

Keep out of the reach of children. Tamper resistant package. Do not use if outer seal is missing.

This product contains no gluten, milk, eggs, wheat, soybeans, peanuts, tree nuts, fish or shellfish.

****These statements have not been evaluated by the Food and Drug Administration. This Product is not intended to diagnose, treat, cure, or prevent any disease.**

Consumer Information Services:
Toll Free: 1.866.268.3216
www.DrWongsEssentials.com

Dr. Wong's Essentials®



Dry E - 500 IU

with Yeast Free Selenium
A Dietary Supplement

60 Capsules

Supplement Facts

Serving Size: 1 Capsule

Servings Per Bottle: 60

Ingredients	Amount Per Serving	% DV*
Vitamin E (as natural d-alpha tocopherol)	420 mg	2800%
Selenium (as L-Seleniummethionine)	125 mcg	227%

*The % Daily Value (DV) tells you how much a nutrient in a serving contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Other Ingredients: Gelatin (capsule), Vegetable Cellulose, Silica, and Magnesium Stearate.

Manufactured in the USA by:
WAM Essentials, Inc.
320 Grant Ave.
Strawn, TX 76475