Warning: Do not take this product if you have difficulty swallowing. Take this product with at least a full glass of liquid (8 oz). Taking this product without adequate fluid may cause it to swell and block your throat or esophagus and may cause choking. If you experience chest pain, vomiting, or difficulty swallowing or breathing after taking this product, seek immediate medical attention. If you are pregnant, nursing, or taking any medications, consult a healthcare professional before use. Keep out of reach of children. Safety sealed with printed inner seal. Do not use if seal is broken or missing.

VEGETARIAN

NOT FOR INDIVIDUAL RESALE

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THE FOOD AND DRUG ADMINISTRATION. TREAT, CURE, OR PREVENT ANY DISEASE. STATEMENT HAS NOT BEEN EVALUATED BY PRODUCT IS NOT INTENDED TO DIAGNOSE,



FIBER FUSION DAILY

Supports healthy digestion*

O VEGETARIAN CAPSULES **Dietary Supplement**

Recommendation: Days 1-5: Take 5 capsules at night with at least 8 ounces of liquid. Days 6-10: Take 5 capsules in the morning with at least 8 ounces of liquid.

Supplement Facts Serving Size 5 Capsules / Servings per Container 10

Amount per Serving			% DV
Calories		5	
Total Carbohydrate		3 g	1%†
Dietary Fiber		3 g	11%†
Soluble Fiber	1 g		**
Insoluble Fiber	2 g		**

Proprietary Fiber Blend: psyllium (seed husk),oat bran, guar gum (seed). pectin (from citrus fruit)

†Percent Daily Values (DV) are based on a 2,000 calorie diet.**Daily Value not established.

Other ingredients: plant-derived capsule (hypromellose), cellulose, magnesium stearate, silica