

Conforms to USP <2091> for weight.
No Wheat, Gluten Free, No Dairy.

Lutemax 2020
LUTEMAX
&
ZEAXANTHIN

Lutemax® 2020 is a trademark of
OmniActive Health Technologies.

*In a randomized, double-blind, placebo-controlled study of 112 healthy volunteers, subjects taking the GNC vitamin and mineral blend in this product for six weeks experienced statistically significant improvements in markers of B vitamin and antioxidant status, as well as improvements in SF-36 Vitality and Mental Health scores compared to those taking a placebo.

KEEP OUT OF REACH OF CHILDREN.
Store in a cool, dry place.

For More Information:
1-888-462-2548

SHOP NOW @ GNC.COM

Distributed by:
General Nutrition Corporation
Pittsburgh, PA 15222 USA

ACTUAL SIZE

* These statements have not been evaluated by the Food and Drug Administration.
This product is not intended to diagnose, treat, cure, or prevent any disease.

OUR QUALITY COMMITMENT TO YOU

Since 1935, our mission as the industry leader has been to provide you with the highest-quality nutritional supplements. We continue to stand behind this mission. If you're not 100% satisfied with your purchase, return the unused portion of the product with your receipt within 30 days and we'll either refund your money or find a replacement product that is right for you.

GNC

MEGA
MEN®

Prostate
& Virility



Overall Health

Includes 40 mcg (1600 IU) of vitamin D-3. Emerging research suggests that adequate daily vitamin D intake may play a role in supporting colon and immune health.*

Features powerful antioxidants to help your body defend against the damage of free radicals.*



Prostate Health

Combines saw palmetto with selenium and lycopene to help support optimal prostate health and normal urinary flow.*



Sexual Health

Supplies L-arginine, an amino acid shown to help maintain blood vessel tone and play a role in sexual health.*

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Dietary Supplement

CLINICALLY STUDIED MULTIVITAMIN BLEND*

- With 40 mcg (1600 IU) of vitamin D-3 for colon health & immune support*
- Prostate health support with saw palmetto & lycopene*
- Sexual health support with arginine & herb blend*
- Fights free radicals with advanced antioxidant blend*

Timed-Release

90 CAPLETS
45-DAY SUPPLY



CLINICALLY
STUDIED*

CODE 200410

DIRECTIONS: As a dietary supplement, take two caplets daily with food.

EUG

Supplement Facts

Serving Size Two Caplets
Servings Per Container 45

Amount Per Serving		% Daily Value
Vitamin A (50% as beta-Carotene; 50% as Acetate)	1500 mcg	167%
Vitamin C (as Ascorbic Acid & Calcium Ascorbate)	300 mg	333%
Vitamin D (as Cholecalciferol D-3)	40 mcg (1600 IU)	200%
Vitamin E (as Natural d-alpha Tocopheryl Acetate)	22.1 mg	147%
Vitamin K (as Phytonadione)	80 mcg	67%
Thiamin (Vitamin B-1) (as Thiamin Mononitrate)	50 mg	4167%
Riboflavin (Vitamin B-2)	50 mg	3846%
Niacin (as Niacinamide & Niacin)	50 mg	313%
Vitamin B-6 (as Pyridoxine Hydrochloride)	50 mg	2941%
Folate	667 mcg DFE (400 mcg Folic Acid)	167%
Vitamin B-12 (as Cyanocobalamin)	50 mcg	2083%
Biotin	300 mcg	1000%
Pantothenic Acid (as Calcium d-Pantothenate)	50 mg	1000%
Choline (as Choline Bitartrate)	10 mg	2%
Calcium (as Calcium Carbonate & Dicalcium Phosphate)	200 mg	15%
Iodine (as Potassium Iodide)	150 mcg	100%
Magnesium (as Magnesium Oxide)	100 mg	24%
Zinc (as Zinc Oxide)	25 mg	227%
Selenium (as L-Selenomethionine)	200mcg	364%
Copper (as Cupric Oxide)	2 mg	222%
Manganese (as Manganese Sulfate)	2 mg	87%
Chromium (as Hydrolyzed Protein Chelate)	120 mcg	343%
Molybdenum (as Sodium Molybdate)	75 mcg	167%
Saw Palmetto Berries (<i>Serenoa repens</i>)	100 mg	*
Pumpkin Seed Meal (<i>Cucurbita pepo</i>)	60 mg	*
Yohimbe Bark Extract (<i>Pausinystalia yohimbe</i>) (2 % Yohimbine Alkaloids = 1 mg)	50 mg	*
alpha-Lipoic Acid	25 mg	*
Horny Goat Weed Powder (<i>Epimedium sagittatum</i>)	20 mg	*
Maca Root Powder (<i>Lepidium meyenii</i>)	20 mg	*
L-Arginine (as L-Arginine Hydrochloride)	10 mg	*
Inositol	10 mg	*
Silica (as Silicon Dioxide)	4 mg	*
Boron (as Hydrolyzed Protein Chelate)	2 mg	*
Lutemax® 2020 Lutem	950 mcg	*
Lycopene	950 mcg	*
Zeaxanthin (as Zeaxanthin isomers)	190 mcg	*
Astaxanthin (from <i>Haematococcus pluvialis</i>)	50 mcg	*
Vanadium (as Sodium Metavanadate)	10 mcg	*

* Daily Value not established.

OTHER INGREDIENTS: Microcrystalline Cellulose, Hydroxypropylcellulose, Hydroxypropyl Methylcellulose, Stearic Acid Vegetable Source, Magnesium Stearate Vegetable Source, Ethyl Vanillin, Titanium Dioxide (Mineral Whitener), Caramel Color, Polyethylene Glycol, Talc. **CONTAINS:** Soybeans, Fish (Anchovy, Mackerel, Pollock, Sardine, Smelt, Salmon, Tuna, Cod or a Combination Thereof). **WARNING:** Do not exceed recommended daily intake. Use only as directed. Consult your physician prior to using this product if you are pregnant, nursing, taking medication, or have a medical condition. Discontinue use two weeks prior to surgery. Inform your physician of this product's biotin content before any lab test. Niacin may cause a temporary flushing reaction.