CONTAINS: Wheat, Soybeans, Fish (Anchovy, Mackerel, Sardine, Smelt, Salmon, Tuna, Cod or a Combination Thereof).

WARNING: Consult your physician prior to using this product if you are pregnant, nursing, taking medication, or have a medical condition. Discontinue use two weeks prior to surgery. Inform your physician of this product's biotin content before any lab test. Niacin may cause a temporary flushing reaction.

Conforms to USP <2091> for weight

No Dairy.

ACTUAL SIZE

KEEP OUT OF REACH OF CHILDREN. Store in a cool, dry place.

For More Information: 1-888-462-2548 SHOP NOW @ GNC.COM

Distributed by: USA General Nutrition Corporation Pittsburgh, PA 15222



Lutemax<sup>e</sup> 2020 is a trademark of OmniActive Health Technologies.

> \* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

### OUR QUALITY COMMITMENT TO YO

Since 1935, our mission as the industry leader has been to provide you with the highest-quality nutritional supplements. We continue to stand behind this mission. If you're not 100% satisfied with your purchase, return the unused portion of the product with your receipt within 30 days and we'll either refund your money or find a replacement product that is right for you.

## GNC

# MEGA MEN<sup>\*</sup> Diabetic Support

## Why should I use it?

It's scientifically designed for the special dietary needs of people with diabetes. Use it with the enclosed nutritionally balanced diet suitable for persons with diabetes to help maintain healthy blood sugar levels and improve circulation and eve health.\*

## How does it work?

It features zinc and key B-vitamins to provide support for carbohydrate metabolism.\* Ginkgo biloba and arginine provide circulation support, and choline provides support for cardiovascular health.\* The potent ingredients lutein, zeaxanthin and hyaluronic acid are important nutrients present in the eye.\* This formula also includes glutamine, carnitine and leucine to help fuel muscles.\*

In a randomized, double-blind, placebo-controlled study of 112 healthy volunteers, subjects taking the GNC vitamin and mineral blend in this product for six weeks experienced statistically significant improvements in markers of B vitamin and antioxidant status, as well as improvements in SF 36 Vitality and Mental Health scores compared to those taking a placebo.

## GNC

# MEGA MEN° Diabetic Support

**Dietary Supplement** 

### MULTIVITAMIN & NUTRITION PLAN

- Multivitamin with premium ingredients to support glucose metabolism\*
- Provides key nutrients to help promote normal glucose utilization & insulin production\*
- Supports circulatory, heart & eve health with advanced nutrient blends\*

Timed-Release 90 CAPLETS 45-DAY SUPPLY



### CODE 184912 E

**DIRECTIONS:** As a dietary supplement, for optimal health benefits take two caplets daily with food. Can be divided by taking one caplet in the morning and one caplet in the afternoon for maximum absorption.

# Supplement Facts Serving Size Two Caplets

Servings Per Container 45		
Amount Per Serving		% Daily Value
Vitamin A (50% as beta-Carotene; 50% as Acetate)	1500 mcg	1679
Vitamin C (as Ascorbic Acid & Calcium Ascorbate)	300 mg	3339
Vitamin D (as Cholecalciferol D-3)	40 mcg	2009
Vitamin E (as Natural d-alpha Tocopheryl Acetate)	22.1 mg	1479
Vitamin K (as Phytonadione)	80 mca	679
Thiamin (Vitamin B-1) (as Thiamin Mononitrate)	50 mg	41679
Riboflavin (Vitamin B-2)	50 mg	38469
Niacin (as Niacinamide & Niacin)	50 mg	3139
Vitamin B-6 (as Pvridoxine Hydrochloride)	50 ma	29419
Folate	667 mca DFF	1679
(Δ)	O mea Folic Acid)	
Vitamin B-12 (as Cyanocobalamin)	50 mca	20839
Biotin	300 mcg	10009
Pantothenic Acid (as Calcium d-Pantothenate)	50 mg	1000%
Choline (as Choline Bitartrate)	10 mg	29
Calcium (as Calcium Carbonate & Calcium Ascorbate)	200 mg	15%
lodine (as Potassium lodide)	150 mcg	100%
Magnesium (as Magnesium Oxide)	100 mg	24%
Zinc (as Zinc Oxide)	25 mg	2279
Selenium (as L-Selenomethionine)	200 mcg	3649
Copper (as Cupric Oxide)	2 mg	2229
Manganese (as Manganese Sulfate)	2 mg	879
Chromium (as Hydrolyzed Protein Chelate)	200 mca	5719
Molybdenum (as Sodium Molybdate)	75 mcg	167%
L-Glutamine	00 ma	
Bitter Melon Powder (Momordica charantia)	00 IIIY	
Fenugreek Seed Powder(Trigonella foenum-graecum)	50 Hig	
(Ingonella foenum-graecum) Cinnamon Bark Powder	05	
(Cinnamomum cassia & burmannii)	25 IIIY	
Gymnema sylvestra Extract	05	
L-Arginine	25 IIIY	
alpha Lipoic Acid	25 IIIY	
Ginkgo biloba Leaf Powder		
L-Carnitine	10 IIIg	
L-Leucine		
Inositol	10 IIIg	
Silica (as Silicon Dioxide)	10 IIIg	
Silica (as Silicuit Dioxide)	4 IIIY	
Lutemax® 2020 Lutein	3 mg	
Hyaluronic Acid (as Sodium Hyaluronate)	2 mg	
Boron (as Hydrolyzed Protein Chelate)	2 mg	
Lycopene		
Zeaxanthin	ьий тсд	
Astaxanthin	50 mcg	
Vanadium (as Sodium Metavanadate)	10 mcg	

#### \* Daily Value not established.

OTHER INGREDIENTS: Microcrystalline Cellulose, Hydroxypropyl Methycellulose, Hydroxypropyl Cellulose, Dicalcium Phosphate, Magnesium Stearate Vegetable Source, Titanium Dioxide (Mineral Whitener), Vegetable Actoglycerides, Polyethylene Glycol. Polysorbate 8D. Caramel Color. Ethyl Vanillin.