

Healthy Hair & Skin¹Strong Nails¹

BEAUTY-FULL

THE MUSHROOM SUPERFOOD
TO GET YOU GLOWING.

Exude youthful radiance with Chaga, a natural adaptogen highly revered for its sacred antioxidants, plus Biotin for lustrous hair, glowing skin and strong nails.¹

No artificial or synthetic ingredients.

Tested for heavy metals.

Complete transparency ID testing.

Certified Kosher by EarthKosher.

REV# 28010-001



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More



Ideas

@ommushrooms &
Ommushrooms.com

**30**
DAY SUPPLY

MUSHROOM
SUPERFOOD

Om

BEAUTY-FULL

POWERED BY CHAGA + BIOTIN

MUSHROOM SUPERFOOD DAILY BOOST CAPSULES

DIETARY SUPPLEMENT



GLUTEN FREE



VEGAN

NO SUGAR
ADDED

GROWN IN USA

90 VEGETARIAN CAPSULES | 667 MG PER CAPSULE

Suggested Use: Take three (3) capsules per day
with a glass of water.

Supplement Facts

Serving Size: 3 capsules (2001mg)

Servings Per Container: 30

	Amount Per Serving	% DV [†]
Biotin	1000mcg	330%

100% Organic Om

Mushroom Blend: 2000mg †
Chaga (*Inonotus obliquus*), King Trumpet (*Pleurotus eryngii*), Maitake (*Grifola frondosa*), Cordyceps militaris and Shiitake (*Lentinula edodes*) mushroom mycelial biomass and fruit body powder cultured on organic whole oats.

† Daily Value not established

Other Ingredients: Vegetable Cellulose (capsule)

Take as directed. If you have a medical condition, are on medication or are pregnant or nursing, please seek the direction of a qualified health care professional before using.

KEEP OUT OF THE REACH OF CHILDREN. Store in a cool, dry place.



KETO-FRIENDLY



KOSHER



PALEO-FRIENDLY

Produced by M2 Ingredients,
Carlsbad, CA 92008

Distributed by Om: 5931 Priestly Dr. #101
Carlsbad, CA 92008

WE GROW OUR OM.

We grow a diverse range of organic mushroom species at our indoor farm in California and capture the complete nutritional value of the growing cycle. Whole food mushrooms are important because they provide a full spectrum of active compounds to support optimal health. So you can bet your beta glucans they're effective.

What's a beta glucan? Find out @ommushrooms.com

WHY MUSHROOMS?

Did you know? Mushrooms are the superfoodie of superfoods. They contain many unique bioactive nutrients that can't be found in animal or plant sources alone. Each serving of Om provides 2,000mg of organic mushroom powder:

- ✓ Whole Food Nutrition
- ✓ Beta Glucans and Prebiotics
- ✓ No Added Sugars or Fillers

¹These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.