

STORE SEALED IN A COOL DRY AREA

Commitment to Quality Program

Sourced and manufactured to avoid:¹

- ✓ Artificial Additives ✓ Allergens ✓ GMOs
 - ✓ Environmental Contaminants ✓ Added Excipients
- www.PureEncapsulations.com/QualityControl

¹See Supplement Facts for specific product details

Recommendations: As a dietary supplement, take 2 capsules daily, with a meal.

Tamper Resistant: Use only if safety seal is intact.

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of the reach of children. In case of accidental overdose, call a doctor or poison control center immediately. Vitamin K may be contraindicated with Coumadin (Warfarin). If pregnant or taking blood thinning medication, consult your physician before taking this or any other product.



pure
encapsulations®

PreNatal Nutrients

hypoallergenic
DIETARY SUPPLEMENT
120 CAPSULES

Supplement Facts

Serving size 2 capsules

Servings per container 60

	Amount per serving	% DV	% DV for pregnant and lactating women*
Vitamin A (as beta carotene)	8,000 IU	160%	100%
Vitamin C (as ascorbic acid)	70 mg	117%	117%
Vitamin D (as cholecalciferol) (D ₃)	600 IU	150%	150%
Vitamin E (as d-alpha tocopherol succinate)	18 IU	61%	61%
Vitamin K (as vitamin K ₁)	90 mcg	112%	-
Thiamin (as thiamin HCl) (B ₁)	1.6 mg	107%	94%
Riboflavin (as vitamin B ₂)	1.7 mg	100%	85%
Niacin (as niacinamide)	20 mg	100%	100%
Vitamin B ₆ (as pyridoxine HCl)	2.2 mg	110%	88%
Folate (as Metafolin®, L-5-MTHF and 40% folic acid)	1,000 mcg	250%	125%
Vitamin B ₁₂ (as methylcobalamin)	2.6 mcg	43%	33%
Biotin	300 mcg	100%	100%

DimaCal® and TRAACS® are registered trademarks of Albion Laboratories, Inc. Malates covered by U.S. Patent 6,706,904 and patents pending.

ChromMate® brand niacin-bound chromium. ChromMate® is a registered trademark of InterHealth, N.J.

Pantothenic acid (as calcium pantothenate) (B ₅)	6 mg	60%	60%
Calcium (as DimaCal® d-calcium malate)	200 mg	20%	15%
Iron (as iron glycinate)	27 mg	150%	150%
Iodine (as potassium iodide)	150 mcg	100%	100%
Magnesium (as magnesium citrate)	80 mg	20%	18%
Zinc (as zinc citrate)	15 mg	100%	100%
Selenium (as selenomethionine)	70 mcg	100%	-
Copper (as copper glycinate)	1 mg	50%	50%
Manganese (as manganese citrate)	2 mg	100%	-
Chromium (as chromium polynicotinate)	120 mcg	100%	-
Molybdenum (as TRAACS® molybdenum glycinate chelate)	75 mcg	100%	-
Choline (as choline bitartrate)	100 mg	-	-
Proprietary mixed carotenoid blend (as lutein, lycopene, zeaxanthin)	450 mcg	-	-

*Daily value (DV) not established

Other ingredients: vegetarian capsule (cellulose, water), ascorbyl palmitate

Metafolin® is a registered trademark of Merck KGaA, Darmstadt, Germany.

manufactured and formulated by:

Pure Encapsulations®, Inc. Sudbury, MA USA
1-800-753-2277 www.PureEncapsulations.com

code: PRN1



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