

Directions: As a dietary supplement, adults take four (4) capsules
with meals, or as directed by a health care professional.

CAUTION: Do not exceed recommended
dose. Pregnant or nursing mothers,
children under 18, and individuals with a
known medical condition should consult a
physician before using this or any dietary
supplement.

Contains No Sugar, Salt, Preservatives,
Artificial Colors or Flavors.

**KEEP OUT OF THE REACH OF CHILDREN.
DO NOT USE IF THE SAFETY SEAL IS
DAMAGED OR MISSING.
STORE IN A COOL, DRY PLACE.**

Manufactured for: beMore
2200 N. George Mason Rd.
PO Box 7685
Arlington, VA 22207

MANUFACTURED
IN A cGMP FACILITY

Manufactured
in the U.S.A.

These statements have not been evaluated by the Food and
Drug Administration. This product is not intended to diagnose,
treat, cure or prevent any disease.

b^e
BEMORE



ADVANCED JOINT HEALTH[†]
BE NIMBLE™

SUPPORT - ASSIST - PROTECT

- ✓ Supports Healthy Joints[†]
- ✓ Assists Mobility & Flexibility[†]
- ✓ Protect Cartilage[†]

120 505 mg
CAPSULES

DIETARY SUPPLEMENT

Supplement Facts

Serving Size: 4 Capsules
Servings Per Container: 30

	Amount Per Serving	%DV
Vitamin A (as Vitamin A Acetate) (100 IU)	18 mcg	2%
Vitamin C (as Ascorbic Acid)	1 mg	1%
Vitamin E (as D-Alpha Tocopherol Succinate) (1 IU)	0.5 mcg	3%
Thiamin (as Thiamine HCl)	1 mg	32%
Riboflavin	1 mg	77%
Niacin (as Niacinamide)	1 mg	6%
Vitamin B6 (as Pyridoxine HCl)	1 mg	58%
Vitamin B12 (as Cyanocobalamin)	1 mcg	4%
Manganese (as Manganese Amino Acid Chelate)	1 mcg	0%
Zinc (as Zinc Amino Acid Chelate)	1 mg	9%
Selenium (as Selenium Amino Acid Chelate)	1 mcg	2%
Copper (as Copper Amino Acid Chelate)	1 mcg	3%
Chromium (as Chromium Amino Acid Chelate)	1 mcg	2%
Glucosamine HCl	1000 mg	*
Chondroitin Sulfate	1000 mg	*
Histidine (as Histidine HCl)	10 mg	*
Boron (as Boron Amino Acid Chelate)	1 mg	*
Alfalfa Powder	1 mg	*
Yucca Powder	1 mg	*
Devil's Claw Powder	1 mg	*
Cetyl Myristoleate	1 mg	*
MSM (Methylsulfonylmethane)	500 mcg	*
Green Lipped Mussel	250 mcg	*

* Daily Value not established.

Other Ingredients: Cellulose, Capsules, Magnesium Phosphate, Magnesium Succinate, and Stearic Acid. 100% Vegetarian. Contains No Sugar, Salt, Preservatives, Artificial Colors or Flavors.