www.PureEncansulations.com/QualityContr See Supplement Facts for specific product data

Recommendations: Initial dose: As a dietary supplement, take 3 capsules daily, in divided doses, with meals. 2-3 weeks. Maintenance dose: Take 2 capsules daily, in divided doses, with

Tamper Resistant: Use only if safety

seal is intact.

Warning: If you are pregnant or lactating. have any health condition or are taking any medication, consult your health professional before use. Do not take if you are sensitive to shellfish

Keep out of the reach of children.



Glucosamine Chondroitin with Manganese

dietary supplement

120 CAPSULES

Supplement Facts serving size 1 capsule servings per container 120		
amount	amount per serving % dail	% dail
Manganese (as manganese ascorbate)	2 mg	100
Glucosamine HCl (from crab, shrimp)	500 mg	
Chondroitin sulfate (from bovine)	400 mg	

value %

