

Solgar® Full Potency Herbs include traditional herbal extracts in a base of active herbs to ensure that the full benefits are derived from the herbs. These products combine the advantages of both raw herbs and their active principles in the form of dry extracts. Our herbal formulas are specially prepared to include synergistic constituents of the herb and not just selected, isolated active phytochemicals.

Solgar's herbal products offer the highest quality, purest herbs available worldwide.

Solgar's KOF-K certification #K-1250

For more information, call toll-free  
1-877-SOLGAR 4  
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**FULL POTENCY HERBS**™

# GINGER ROOT

*(Zingiber officinale)*



**DIETARY SUPPLEMENT**

**100 VEGETABLE CAPSULES**  
SUITABLE FOR VEGETARIANS  
**GLUTEN, WHEAT & DAIRY FREE**



## Supplement Facts

Serving Size: 1 Vegetable Capsule

### Amount Per Serving

|   |         |
|---|---------|
| Ginger Extract (4:1)<br><i>(Zingiber officinale)</i> (root) | 5 mg*   |
| Ginger Powder<br><i>(Zingiber officinale)</i> (root)        | 500 mg* |

\*Daily Value not established

Other Ingredients: Vegetable Cellulose, Vegetable Magnesium Stearate, Silica.

**FREE OF:** Gluten, Wheat, Dairy, Soy, Yeast, Sugar, Sodium, Artificial Flavor, Sweetener, Preservatives and Color.

**SUGGESTED USE:** As a dietary supplement for adults, take one (1) vegetable capsule up to three times daily, preferably with meals or as directed by a healthcare practitioner.

If you are pregnant, nursing, taking any medications or have any medical condition, please consult your healthcare practitioner before taking any dietary supplement. Discontinue use and consult your healthcare practitioner if any adverse reactions occur. Keep out of reach of children. Store at room temperature. Do not use if outer bottle seal is missing or damaged.

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CAREFULLY MANUFACTURED BY:  
**SOLGAR, Inc., 500 WILLOW TREE ROAD, LEONIA, N.J. 07605 U.S.A.**

