

Phosphatidylserine is a natural substance found in the brain where it plays an important role in the integrity and fluidity of cell membranes.* Phosphatidylserine levels in the brain can decline with age. Supplementing with Phosphatidylserine Complex is a good choice to help replenish phosphatidylserine levels and support a healthy mind.*

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Solgar's KOF-K certification # K-1250

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PHOSPHATIDYLSERINE COMPLEX

AIDS BRAIN FUNCTION
TO SUPPORT A HEALTHY MIND*

Non-GMO
GLUTEN, WHEAT & DAIRY FREE
SUITABLE FOR VEGANS



30 TABLETS

DIETARY SUPPLEMENT

Supplement Facts

Serving Size: 1 Tablet

Amount Per Serving	%DV
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Calories	5
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Total Carbohydrate	<1 g	<1%**
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Phosphatidylserine	500 mg	***
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Complex

Phosphatidylserine	100 mg	***
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Phosphatidylcholine	60 mg	***
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**Percent Daily Values (DV) are based on a 2,000 calorie diet

***Daily Value (DV) not established

Ingredients: Microcrystalline Cellulose, Soy Lecithin, Dicalcium Phosphate, Silica, Vegetable Cellulose, Vegetable Magnesium Stearate, Vegetable Stearic Acid, Vegetable Glycerin.

Contains soy ingredients.

SUGGESTED USE: As a dietary supplement for adults, take one (1) tablet three times daily, preferably with meals or as directed by a healthcare practitioner.

FREE OF: Gluten, Wheat, Dairy, Yeast, Sugar, Sodium, Artificial Flavor, Sweetener, Preservatives and Color.

If you are pregnant, nursing, taking any medications or have any medical condition, please consult your healthcare practitioner before taking any dietary supplement. Discontinue use and consult your healthcare practitioner if any adverse reactions occur. Keep out of reach of children. Store at room temperature. Do not use if outer bottle seal is missing or damaged.

